

Curriculum Vitae



- Full name: Alaa Zuhair Mustafa.
 - Date of birth: 23/8/1970.
 - Certificate: Ph.D. Date of obtaining it: (2009)
 - General specialty: Physical Education / Subspecialty: Sports Psychology
 - Academic title: Professor Doctor / Date of obtaining it: (18/1/2017)
 - Number of years of service in higher education: (16 years)
 - Number of years of service outside higher education: (10 years)
 - Email: alaa_zohear@yahoo.com
 - Date obtained: (1994 -1995)
 - The awarding body for the master's degree: University of Diyala
 - Date obtained: (2004)
 - The awarding body for the doctoral degree: University of Baghdad
 - Date obtained: (2009)
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- The title of the master's thesis: (The feature of multidimensional anxiety and its relationship to the skills of handling and shooting in handball).
 - Title of the doctoral thesis: (The effect of using exercises in the style of self-competitive and group competition for those surveyed - cognitive focus on cognitive and skill learning in handball).

- **Positions held:**

	Job Title	Place of Work	Period
1-	Teacher in Ottared, AL-Faraqed and Almotawara middle schools	Diyala	1995 - 2005
2-	Rapporteur of Theoretical Sciences Department	University of Diyala - College of Physical Education and Sports Sciences	2009-2012
3-	Head of Research and Development Department	Diyala University	2012-2013
4-	Rapporteur of theoretical sciences branch	Diyala University - College of Physical Education and Sports Sciences	2018-2019
5-	Head of the Psychological and Educational Counseling Unit	Diyala University - College of Physical Education and Sports Sciences	2015-2019
6-	Member of the Promotions Committee	University of Diyala - College of Physical Education and Sports Sciences	2015-2017
7-	Chairman of the scientific committee	University of Diyala - College of Physical Education and Sports Sciences	2018-2019

- **Universities or institutes in which the Researcher taught**

	The entity (university / college / institute)	period from - to	notes
1-	Diyala University, College of Physical Education and Sports Sciences	2009-2011	Principles of breeding
2-	Diyala University, College of Physical Education and Sports Sciences	2009-2016	Scout Education
3-	Diyala University, College of Physical Education and Sports Sciences	2009-till now	Sports Psychology
4-	Diyala University, College of Physical Education and Sports Sciences	2019-2021	Handball

- **Courses Taught**

	University	College	Department	Subject	academic year
1-	Diyala	Physical Education	Theoretical Science	Education Principles	2009-2011
2-	Diyala	Physical Education	Theoretical Science	Scout Education	2009-2016
3-	Diyala	Physical Education	Theoretical Science	Sports Psychology	2009- Until now
4-	Diyala	Physical Education	Team Games	Handball	2019-2021
5-	Diyala	Physical Education	Graduate Studies	Sports Psychology	2012

- **Courses Researcher Developed or Contributed to**

	University	College	Department	Subject	academic year
1-	Diyala	Physical Education	Theoretical Science	Sports Psychology	2017

- **Supervising Letters and Theses**

	University	College	Department	Academic Year
1-	Diyala	Physical Education	-	2017
Title			Building a measure of mental health among advanced players in the games (judo - boxing - taekwondo) in Iraq	

	University	College	Department	Academic Year
2-	Diyala	Physical Education	-	2019
Title			The effectiveness of the method of refuting ideas in emotional maturity and psychological handicap for young players in handball	

	University	College	Department	Academic Year
3-	Diyala	Physical Education	-	2018
Title			The effect of a rehabilitation curriculum (my hand - myself) on excessive back hunching and psychological shyness for middle school students	

	University	College	Department	Academic Year
4-	Diyala	Physical Education	-	2021
Title			Building and codifying the emotion management scale and its relationship to the performance of first-class referees	

	University	College	Department	Academic Year
5-	Diyala	Physical Education	-	2019
Title			Building and standardizing the social interaction scale for coaches from the players' point of view	

	University	College	Department	Academic Year
6-	Diyala	Physical Education	-	٢٠١١
Title			The effect of exercises in individual and group competition styles on the accuracy of the skills of handling and shooting and its relationship to the directions of achievement goals in handball for students of the Faculty of Physical Education and Sports Sciences	

	University	College	Department	Academic Year
7-	Diyala	Physical Education	-	٢٠١٩
Title			The effect of special exercises according to the representative systems in developing some basic skills in tennis	

	University	College	Department	Academic Year
8-	Diyala	Physical Education	-	٢٠١٩
Title			The effectiveness of the method of refuting ideas in emotional maturity and psychological disability of young players in handball	

	University	College	Department	Academic Year
9-	Diyala	Physical Education	-	٢٠١٩
Title			The effect of various sources of mental visualization in learning the effectiveness of running 100m hurdles for female students of the College of Physical Education and Sports Sciences	

Conferences, seminars and workshops in which the Researcher participated:

S	Title	Venue	Dep.	Attendance type	Year
1-	The Diversity of Science Conference, an introduction to cognitive integration, College of Basic Education	Baghdad University	Physical Education	Research	2012
2-	The Diversity of Science Conference, an introduction to cognitive integration, College of Basic Education	Tikrit University	Physical Education	Research	2010
3-	Sports conference is a mirror of society, The measure of people's progress	Babylon University	Physical Education	Research	2011
4-	International Scientific Conference on Physical Education Sciences (Quality of Physical Education in Community Service)	Malaysia	Physical Education	Research	2009

5-	International sports Science Conference	Turkey Antalya		Research	2011
6-	Conference of the International Federation (TAFISA) Turkey	Turkey Ankara	Haga Tabah University	Research	2014
7-	International Scientific Conference on Physical Education Sciences	Iraq – Najaf	Kufa University	Research	2015
8-	Fourth International Scientific Conference in Hammamet	Tunis	Tunis	Research	2016
9-	The Sports Creativity Conference at the Hashemite University of Jordan in Amman in partnership with the Sheikh Mohammed bin Al Maktoum Award for the year	Jordan		Attendance	2009
10-	The first international scientific conference for physical education sciences	Kufa University		Attendance	2016

Creations or activities in which the Researcher won (awards / certificates of appreciation / Thanks certificates)

Activity Title	Donor	Certificates
Certificate of Appreciation	Dean of the College of Physical Education and Sports Sciences \ University of Diyala	1- The success of the annual scout camp in our college for four consecutive years 2- To give qualitative lectures in cooperation with other colleges 3- To give qualitative lectures in the aspect of educational guidance 4- For the efforts made to make the sports festival and the scientific book fair a success 5- For the efforts made in the Scout camp in the Kurdistan region / Dukan Dam 6- To work in the examination committees for several years
Certificate of	Dean of the	Efforts made to complete the statistical exhibition in

Appreciation	College of Education for Human Sciences \ University of Diyala	cooperation with the Ministry of Planning / Central Statistical Organization
Certificate of Appreciation	Dean of the College of Law and Political Science/University of Diyala	For the efforts made to make the conference a success
Certificate of Appreciation	Dean of the College of Physical Education and Sports Sciences/University of Anbar	Cooperation in the exchange of information and experiences in the two colleges
Certificate of Appreciation	Dean of the Faculty of Education at Tishreen University/Syrian Arab Republic	For the long-standing reputation that you enjoy at the level of the Arab world in your specializations and for participating in qualitative lectures on postgraduate students at our university
Certificate of Appreciation	Director General of the Research and Development Department at the Ministry of Higher Education and Scientific Research	For the distinguished efforts that emanated from your constant concern at the Graduate Studies Amendment Meeting
Certificate of Appreciation	President of Diyala University	<p>1- For the distinguished efforts in the scout camp held by the Ministry of Higher Education and Scientific Research for four years in a row</p> <p>2- For the distinguished efforts of the Central Preparatory Committee to commemorate the University Day celebration</p> <p>3- Outstanding teachers</p> <p>4- In the performance of the examination committees in our</p>

		college \ College of Physical Education and Sports Sciences
Certificate of Appreciation	President of Dhi Qar University	1- For the efforts made to establish a ministerial scout camp for boys and girls 2- For the efforts made to establish scouting courses for scout leaders
Certificate of Appreciation	Minister of Higher Education and Scientific Research 2015	To distinguish Diyala University
Certificate of Appreciation	Minister of Youth and Sports 2010	For the efforts made to present a distinguished working paper (for the scientific symposium held by the Ministry of Youth)
Certificate of Appreciation	Minister of Higher Education and Scientific Research 2015	Care and dedication in implementing scouting sessions and camps within the annual curriculum of student activities in our Ministry

Scientific output and published scientific research, including:

S.	Title
1-	The trait of multidimensional anxiety and its relationship to the accuracy of the performance of the skills of handling and shooting in handball (Master thesis).
2-	The effect of using exercises in the style of self-competitive and group competition for those surveyed - cognitive focus on cognitive and skill learning in handball (PhD thesis).
3-	The Effect of self and Team competitive styles for Individuals with the Scanning – Focusing Perspective In the Skills of Passing and Scoring in Handball
4-	The level of creativity and its relationship to the academic achievement and the training age of the handball Premier League players.
5-	Social interaction with its dimensions (turnout, cooperation, communication, caring for others) and its relationship to the leadership personality of the coaches of the premier role in handball.
6-	Cognitive processing of information and its relationship to the method (independence - versus dependence) on the cognitive domain according to the representational systems (audio, visual, sensory) descriptive research on students of the fourth stage in the Faculty of Physical Education.

7-	A measure of league language programming for football players
8-	Building a scale for the psychological skills of handball players
9-	Studying the effect of psychoactive drugs on aggressive behavior and the achievement of the ten-thousand-meter runner
10-	dimensions (commitment, control, challenge) Optimism and its relationship to solid psychological for the league to young
11-	Building a Neuro Linguistic Programming (NLP) scale for soccer players
12-	Body image and its relationship to the level of motivation and some functional variables for players of throwing activities (wheelchairs category)
13-	Post-traumatic stress disorder and its relationship to some psycho-physiological indicators and handball scoring skill.
14-	Optimism and its relationship to psychological hardness and its dimensions (commitment, control, challenge) for the players of the Iraqi Youth Clubs League

Contributions to community service:

Expertise and Committees

1. Professor of Sports Psychology for Initial and Postgraduate Studies (Masters and Ph.D.)
2. Professor of Scout Education.
3. Chairman of the Scientific Committee of Sports Psychology - University of Diyala - College of Physical Education.
4. Member of the Scientific Promotion Committee, College of Physical Education - University of Diyala
5. Member of the Central Committee for the acceptance of primary studies students at the University of Diyala - College of Physical Education.
6. Member of the Central Committee for Amending Postgraduate Studies Instructions in the Ministry of Higher Education and Scientific Research by Ministerial Order No. S\7\5\2129 dated 5/21/2013
7. Member of the scientific committee in the college

8. Member of the Graduate Studies Committee
9. Participation in several scout camps inside and outside the country.
10. The Researcher obtained the Scout Leader Certificate in 2011.
11. Member of the Ministerial Committee for Scout Activities
12. Specific lectures were given to postgraduate students in Damascus
13. Participated in many committees to discuss research in conferences.
14. Supervised many master's and doctoral theses.
15. Supervised many graduation researches for undergraduate students, including the winning of the research of one of the students I supervised from the morning study (the first research at the University of Diyala) for the academic year (2009).