

Biography of Dr. Suha Abbas Abboud Abbas Al-Zuhairi

Births: 07/31/1976

Place of birth / Diyala - Khalis

Certificate / PhD

Number of years of service in higher education 21 years

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- ❖ **She holds a bachelor's degree from the University of Baghdad / College of Physical Education for Girls in 1999-2000 and among the top ten in the college.**
- ❖ **I was appointed to the faculty of Physical Education / University of Diyala on 01/21/2000 with the rank of games coach for basketball.**
- ❖ **Obtained a master's degree in the year 2000-2001.**
- ❖ **Obtained a master's degree with an assistant teacher's degree in 2002-2003 from the University of Baghdad / College of Physical Education for Girls, with a grade of very good, high, and the third in the class, with a major in kinetic learning - basketball.**
- ❖ **Obtained a study seat (PhD) in 2004-2005 from the University of Baghdad / College of Physical Education.**
- ❖ **I got my PhD on 7/27/2007 with a grade of very good and high, second in class, with a major in kinesthetic learning - basketball, and I got the title on 7/25/2007.**
- ❖ **I was hosted at the College of Basic Education / Al-Mustansiriya University as a teacher-doctor of kinetic learning - basketball, where I taught basketball for the first stage and kinesthetic learning for the third stage in 2007-2008.**

- ❖ In 2008-2009 I returned to Diyala University/College of Physical Education, where I taught basketball for the first stage, motor development for the second stage, and kinesthetic learning for the third stage.
- ❖ In 2009-2010, she held the position of rapporteur for the individual games department and teaching the first phase (basketball), the second phase (motor development) and the third phase (kinetic learning).
- ❖ I was appointed head of a scientific group for basketball since 2008-2009, 2009-2010, 2010-2011.
- ❖ She holds a number of letters of thanks and appreciation from the Minister, the Presidency of the University, the Dean of the College and the Deans of other faculties, and from the Governor of Diyala.

Participated in many committees, including:

- 1- Head of the Grades Audit Committee for the 2008-2009 academic year.
- 2- Head of a scientific group for basketball for the years 2008-2009-2010-2011.
- 3- Head of a scientific group in basketball tests.
- 4- Female Students Supervising Committee.
- 5- A member of the Continuing Education Committee.
- 6- Member of the Seminar Committee for the years 2010-2020
- 7- A member of the committee for approving the titles of postgraduate students' research – master's for the years 2010-2020.
- 8- A member of the Student Discipline Committee.
- 9- Teaching the two subjects of kinetic learning for the third stage and basketball for the fourth stage

- 10- I taught motor development for master's students, movement education for doctoral students, and motor learning for master's students for the years 2010-2020**
- 11- I chaired several committees for discussing master's theses and doctoral theses inside and outside the college, and also my membership in the discussion of master's theses and doctoral theses.**
- 12- Supervisor of many master's theses and doctoral theses.**
- 13- Supervisor of many undergraduate research studies for all years.**
- 14- Chairperson of a committee to discuss the projects of undergraduate students.**
- 15- A member of the personal interview committee for admission tests.**
- 16- A member of the central objections committee at the university.**
- 17- Many master's theses and doctoral theses have been scientifically evaluated by me inside and outside the college.**
- 18- Main committees for receiving many scientific promotions.**
- 19- Participated in many courses, seminars and conferences held inside and outside Iraq.**
- 20- I was supervising the application of college students for all years.**

Published research:

1- Master Thesis

(The Relationship Between Some Physical Body Indicators And The Results of High Schools Teams In Iraq)

The Study has comprised five main chapters and they were 'is the following :

Chapter One (Introduction to the study):

This part contained the introduction and the significance of the study , it also contained the development in the modern techniques and sciences .

Moreover, it introduced the basic skills that were similar in defense and offense in basketball and handball . In this chapter it has been depended on the results of the Championship for high School Teams players who participated in basketball and handball, in order to know their physical features and the body measurements .which help in these two games to point out the ability of choosing the players.

While the significance of the study was implied in discovering the physical and body difference for the high School Teams' players who participated in the first Championship for school sport (AL-Quds championship) , and finding the relation between physical features and the body measurements .because it is the principal base that tributes the notion of school sport, it also showed us some relations that contribute in the best choice for our school teams . This can be considered as an indicator to chose the players .

The Problem of the Study :

Since physical , motor features and the body measurements form the principal base in many games , so

the problem of the study was to study these indicators and their role in the sample of the study, to put before the eyes of Schools and the level of the school team in our country and enables the teachers and the coaches to depend on the right, scientific method in connecting physical features and the body measurements to develop their performance .

Aim of the Study :

This study aimed to :

- 1-Introduce some physical and body indicators for the players who participated in the Championship in basketball and handball.**
- 2-Introduce the differences in the physical features and the body measurements for the High School Teams' players who participated in the Championship in basketball and handball.**
- 3-Introduce the relation that is found between the physical features and the body measurements with the order of the teams high school Teams' players who participated in the Championship in basketball and handball.**

The Assumptions of the study

The assumptions of the study were :

- 1-There is no statistical differences between the physical features and the body measurements for the high School Teams players who participated in the Championship in basketball and handball and the results .**
- 2- There is an statistical relation between some indicators of the physical features and the body measurements with the order of the teams for the high school Teams' players who participated in the Championship in basketball and handball and the results.**

The Field of the study

- **Human Field: High School Teams players who participated in the Championship 2001-2002 which is composed of (14) teams in handball and (16) teams in basketball.**
- **Time Domain : from 29/11/2001 to 30/12/ 2001**
- **Place Domain : the study was done in A-Diyala Governerate:-**
 - 1- **the indoors Hall in Diyala Governerate**
 - 2-**The square of AL-Jahra'a Secondary school in Diyala Governerate.**

B-AL-Qadisia Governerate:

- 1- **the indoors Hall in AL-Qadisia Governerate .**
- 2- **The square of AL-Moqdam Secondary school in AL-Qadisia Governerate.**

Chapter Two

(The Literature of the study)

This chapter handled the theoretical studies that were related to the study, there arc highlights have been shed on physical features, the body measurements , motor features , physical fitness, training, teaching, school sport, the individual differences, school championships and the school teams.

Moreover, Summaries have been made on the similar studies to support the study scientific .

Chapter Three :

The method of the study and the practical procedures:

This chapter contained (he method used in the study that is the descriptive method in the probing style for its suitability to the nature and the aims of the study .

The sample comprised the original society of the study as a whole which is represented by the High School Teams players who participated in the first Championship for school sport (AL-Quds championship) 2001-2002 in basketball and handball and in the age method . There were (14) teams in handball and (16) teams in basketball , and there were (140) players from the participated Governerates : Baghdad / Al-risafa AL-owla , Baghdad / Al-risafa AL-thania , Baghdad / Al-Karkh AL- owla , Baghdad / Al-Karkh AL- thania , Diyala , Babylon, Karbala , AL-Najaf, Measan , Wast , AL-Mothana , Basrah, Thi qar, AL-Ta'amim, Nainaua , Sallahdin ,A1- Qadisia) ; (132) players are from (Baghdad / Al-Karkh AL- owla , Diyala , Babylon, Karbala , AL-Najaf, Measan , Wast, AL-Mothana , Basrah, Thi qar, AL-Ta'amim, Nainana , Sallahdin ,A1- Qadisia).

This chapter also contained the use of the physical tests of the physical education department in the ministry of education, and they are proved tests and the details are dealt with in the body of study . The medical scale and measuring tape have been used to specify the body measurement. The results have been handled by the suitable statistical means.

Chapter Four

Displaying the Results :

In this part the results of basketball and handball teams have been displayed and displaying the body and physical tests results of basketball and handball teams.

There were also the displaying , analyzing and the discussion of the relation ship equation of the body measurement and physical tests. It also contained the displaying of the results of the T-test between the basketball and handball teams and its relation with the body measurement and physical tests of the basketball and handball teams with scientific style.

Chapter Five

Conclusions and Recommendations:

According to the aims of the study and the results of statistical treatments , we have concluded the following :

- 1-There are significant differences between basketball and handball players in the indication of (length of forearm, height of foot, length of trunk, length of leg, circumference of leg).**
- 2- There is no significant differences between basketball and handball players in the variables of (length, weight, length of hand, length of arm, length of thigh , length of leg , width of hand, width of chest, width of shoulders, circumference of hand, circumference of arm, circumference of forearm, circumference of foot, circumference of thigh, circumference of pelvis, circumference of waist, circumference of chest, back running test (4x10m), hopping test, front stand test, flexibility test, medical ball throwing test (2Kgm), deep knee test (30s), stand running (30m).**
- 3-There is an significant relation between the results of basketball match in variables (length, length of hand,**

length of arm, length of trunk, width of chest, width of shoulders, width of pelvis, circumference of forearm, circumference of foot, circumference of thigh, circumference of leg, circumference of waist, circumference of chest, back running test (4x10m), medical ball throwing test(2Kgm).

4-There is no significant relation between the results of basketball match in indicators (weight, length of arm, length of leg , circumference of leg , height of foot, length of thigh, width of hand, width of foot, circumference of pelvis, circumference of hand, hopping test, front stand test, left bench test (30s), stand running (30m)).

5-There is an significant relation between the results of handball match in variables (weight, length of hand , length of arm, length of forearm, height of foot, length of leg, length of thigh, width of hand, width of chest, width of pelvis, width of shoulders, circumference of hand, circumference of forearm, circumference of foot, circumference of leg, circumference of thigh, circumference of pelvis, circumference of chest, medical ball throwing test (2Kgm), front stand test).

6-There is no significant relation between the results of handball match in variables (length , length of arm, length of thigh, width of foot, back running test (4x10m), hopping test. Deep knee test (30s), flexibility test, stand running (30m)).

Recommendations :

1-Emphasize the body measurement and physical tests because they are influential in the most important skills in basketball and they are (length , length of forearm,

length of arm, length of waist , width of pelvis , width of chest , width of shoulders, circumference of forearm, circumference of foot, circumference of leg , circumference of thigh , circumference of pelvis , circumference of chest, medical ball throwing test (2Kgm), back running test 64x10m)).

- 2- Emphasize the body measurement and physical tests because they are influential in the most important skills in handball and they are (weight , length of hand , length of forearm, length of arm, height of foot, length of leg , length of thigh, length of leg , width of hand , width of pelvis, width of chest, width of shoulders, circumference of hand, circumference of arm , circumference of forearm , circumference of foot, circumference of leg , circumference of thigh , circumference of pelvis , circumference of waist, circumference of chest , medical ball throwing test (2Kgm), front standing test).
- 3- Stimulate the teachers and coaches to pay attention to the body measurement and physical tests while choosing basketball and handball players .
- 4- Finding border returning standards in the physical growth indicators in basketball and handball.

2- PhD thesis

(The Effect of Perfection Learning on Physiological Strain Level in Developing Some Offensive Skills of Basketball)

The theses contains five chapters

First chapter :

1- The research definition :

This chapter includes the introduction and the significance , in which the researcher clarifies that the scientific need in the educational society can be achieved by making more research and studies especially in physical education in order to improve learning level .

Basketball is one of team games which witness wide dissemination in the world . Iraq is one of the countries which work to improve and use modern methods in learning this game . One of this modern methods is perfection learning to improve the game level . Also , psychological strain is regarded as energy arouses conception attention that assist to acquire perfection information which assist the player be improved .

The importance of this research is clarified by using the psychological strain as a measuring tool of stimulation that gives the player a chance to be ready for a circumstance .

Perfection learning needs high level of attention conception which assist a player of a basketball to take the right solution for a circumstance , so learning skill and the ability to perform it is regarded one of the basic conditions to perfect it to reach to the scientific results that can be used in learning process and developing performance level .

2. Research problem :

The problem of the research is about the following question :

How does perfection learning effect the physiological strain level in developing some offensive skills of basketball ?

3. Research aim :

It aims to know the effect of perfection learning on physiological strain level in developing some offensive skills of basketball .

4. Research hypothesis :

a. There is no statistical significant difference between perfection learning and physiological strain levels (low – high) in developing some offensive skills of basketball .

b. There is no statistical significant difference between perfection learning and physiological strain levels in developing some offensive skills of basketball in gender (females) .

5. Research fields :

The researcher used sample from second year female students from College of Physical Education for women / University of Baghdad for the academic year 2006-2007 .

Second chapter

1.Theoretical and similar studies :

The researcher depended on a theory that strengthen the title aims , and hypothesis of the research in addition to that it strengthen the discussion in chapter four .

The researcher used similar studies an previous studies to make use of them in the study .

Third chapter

Method of the research :

The researcher used experimental method as it studies the nature of the research problem . She choosed the sample and suitable research tools and tests .

Fourth chapter

Result presentation and Discussion :

The researcher used suitable statistical means to analyze the results and discuss them to reach some results .

Fifth chapter

Conclusion and Recommendation :

The following were most important conclusions :

1. In low strain measurement ; there was no differences between pre and post tests and this mean that there was no differences in the strain ratio and that perfection learning program didn't change the strain type .
2. Perfection learning items didn't have direct effect on perfection of offensive skills and there was no positive effect in the diminishing the high strain or raising the low strain .

Recommendation :

1. Increasing learning units that include perfection learning items to raise the theoretical conception level in first stage of learning offensive skills of basket ball .
2. Decreasing strain level through the teacher's procedures in the beginning of explanation and giving the model of learning offensive skills of basketball to the high strain students .
3. Increasing strain level through the teacher's procedures in the beginning of explanation and giving a model and stimulus for the first stage of learning as in this increasing there is positive effect in learning some offensive skills of basket ball .
4. Generalizing results of this study to basketball teachers in physical education college in Iraq to make use of these results in making special program for

learning skills of sport games and basketball is one of these games .

3- Search title :

(The effect of text by using the polymeric exercises to develop the explosive power and do some kinds of scoring techniques in Basketball)

This paper includes five chapters,

Chapter one includes some basic definitions for some terms, the introduction for the subject and the importance of the problem.

The present paper aims to recognize the effect of a text by using the polymeric exercises to develop the explosive power and do some kinds of scoring techniques in Basketball and investigating the most affected group in developing the explosive power and do the skills of scoring.

The second chapter includes the theoretical background and studies that related to the problem.

Chapter three includes the sample and data collations and the physical and skillful tests and statistical means.

Chapter four includes presenting, analysis, and discussion of results for the skillful and explosive power of scoring in basketball.

Chapter five includes conclusions that the researcher has conducted as following:

- The text has a positive affect by using the ploy metric exercises to develop the explosive power for arms and legs and show the skillful and physical development for it.
- It has a positive affect on do the skill of both the triple and jumping movement scoring.
- The researcher recommended with employing the instructional; text by using the ploy metric exercises to develop the explosive power and do the skills of scoring in basketball as one of the college's text.

4- Search title :

(Effectiveness of A. Recommended Recreation Program on Improving some Social Skills for Mental Handicapped Learnable Children)

This research aimed at identifying the effectiveness of a recreation program on improving some social skills (communication, sharing, social behavior decency, dealing with money and buying) for handicapped learnable children. The researcher used the cadastral and experimental method in their study due to its befitting to the nature of the study. A sample from handicapped learnable children with intelligence degree ranged from 50-70 in the General Iraqi Association for Protecting Children (Dar Al-Hannan for Mental Qualification), they were 10 handicapped children (5 males and 5 females). The researcher designed a questionnaire and a recreation program to develop the social skills for those children. The results showed that me recommended recreation pr ram has a positive significant effect on improving some social skills

for handicapped leamable children. Also they found that there were no significant differences between males and females.

5- Search title :

(Kinetic - sensation realization (spatial) and its relation with learn of some skills in basketball)

This study incurred recognize on the Kinetic – sensation realization (Spatial) and its relation with the level of the learn of some skills in basketball.

The researcher used the describable clinical protocol because its accordant for this kind of study . The sample is chosen by the random method from the students of the first grade / College of Basic Education –Sports Education Department / AL-Mustansirya University for the studios year (2007 - 2008) , and their number was (40) students , in percentage (41.6 %), and their ages is between (21 - 22) years.

The result defined that there is significant con-elation relation between the Kinetic – sensation realization (Spatial) and the level of the learn of some skills in basketball.

6- Search title :

(The effect of skill exercises in a problem-solving style in learning the skills of rolling and scoring for first-grade students in middle school in futsal football)

Abstract

The importance of research comes through following modern scientific methods and the correct scientific method in progression and transition by learning from ultimate and the introduction of suspense factor easy to difficult through cases similar to play situations that may increase students' learning better than the method used (the command), the research problem lies in the weakness of the my skill Rolling and scoring football lounges intermediate stage and through the researcher's experience because he has practiced the game for many years and studied the game in schools for more than (10) years has been able to diagnose this weakness and all of old methods diagnose its cause, which is the survival that have become incompatible with the changes The proceeds or .development of the game and the educational process

The researcher used the experimental approach to suit A,) the goals and problem of the research, and the people B, C, D) of the first intermediate class represented a research community of (157) students, and by random drawing method using the lottery process, Division (B) was identified to represent the experimental group that uses in a method of You will learn by skillful exercise problem solving, and Division (A) represents the control group that will learn in the manner followed by the school. Therefore, the total number of the research sample in the main experiment was (40) students, each of (20) students, and the trial period which had a share of lasted (8) weeks With (16) educational units, after completing the experiment, the following tests were conducted Yeh were processed statistically. The results were obtained, and in light of them, the researcher deduced the following: that the exercises prepared in a conclusion problemsolving method had a very big and effective effect in learning the skills of rolling and scoring football in the

year middle class students, that the -halls of the first tter than the traditional solving method is be-problem command) method in learning The dynamic, and the) researcher recommended the following: the use of solving method in the lesson of -exercises in a problem physical education in learning the skills of rolling and lounges for students of the first scoring football in -intermediate grade, benefit from the problem solving method in investing time and effort in the . educational process

7- Search title :

(Mental motivation and its relationship to psychological barriers among female students of the fourth stage in football)

8- Search title :

(Accuracy of scoring and its relationship to some biomechanical variables in football)

9- Co-authored book

(Small games and their importance in learning basic kinetic shapes)

10- Search title :

(The effect of using special exercises according to Landa's model in learning the skill of football handling in the halls for female students of the College of Physical Education and Sports Sciences)

11- Search title :

(The trait of extraversion and introversion and its relationship to poor skill performance and high plucking in basketball)