

Curriculum Vitae



Full Name	Ammar Jabbar Abbas Mahdi		
date of birth	1974/4/14		
Certificate	Master's	date obtained	2013/8/22
General specialty	Physical Education and Sports Science	Specialization:	Kinetic learning - tennis
The scientific title:	Assistant prof.	date obtained	2016/8/27
Number of years of service in higher education:			21 years
Number of years of service outside higher education:			Empty
E-mail:	ammar.jabbar@uodiyala.edu.iq ammarjabbar76@gmail.com		
Bachelor's Degree Awarding Body:	Baghdad University, College of Physical Education and Sports Sciences		
date obtained	1996/7/11		
Master's Degree Awarding Body:	Diyala University, College of Physical Education and Sports Sciences		
date obtained	2006/4/5		
PhD awarding body:	Diyala University, College of Physical Education and Sports Sciences		
date obtained	22/8/2013		

Master's thesis title

The effect of transferring learning for some game exercises on acquiring basic skills in a tennis court.

Researcher: Ammar Jabbar Abbas

Supervisor

Prof. Dr. Nabil Mahmoud Shaker, Prof. Dr. Luhan Hamid Hadi

The letter included five chapters:

The first chapter: - includes the introduction and the importance of the research, as the researcher touched on the game of tennis and the importance of the basic skills which are (serving - forehand - backhand) in addition to the importance of learning transfer exercises and their impact on learning. Either the research problem lies in the weakness in learning basic skills in tennis. ground as well as the lack of educational curricula.

The objectives of the research are:-

- 1- Develop suggested exercises to learn the basic skills of the game of tennis.*
- 2- Recognizing the impact of the proposed exercises in learning basic skills in the game of tennis.*
- 3- Recognizing the effect of learning transmission on acquiring basic skills in tennis.*

The research hypotheses are:-

- 1- There are statistically significant differences between the pre and post test for the control and experimental groups.*
- 2- There are statistically significant differences between the post-test of the control and experimental groups.*
- 3- There is a percentage of transferring the effect of learning to acquire basic skills in tennis.*

Either areas of research are:-

1-5-1 The human sphere: - Members of the Baqubah Youth Forum, the novice category (14-16) years old.

1-5-2 Time range: - 20/6/2005 to 27/8/2005

1-5-3 Spatial domain: Baqubah Youth Forum.

As for the second chapter: it included theoretical and previous studies, in which the researcher touched on the following topics:

Learning, kinesthetic learning, phases of kinesthetic learning, phases of kinesthetic learning in tennis, acquisition, transfer of learning effect,

types of transmission of learning, designs of transfer of learning effect, theories of transmission and learning effect, conditions of transmission of learning effect, factors influencing transfer of learning effect, modes of transmission in kinesthetic learning and tennis skills Basic and tennis skills previous studies

As for the third chapter: - It is the research methodology and its field procedures, in which the researcher touched on the method used, which is the experimental method. The research sample consisted of (20 subject) and the sample was randomly distributed into two experimental groups, with (10) and control, and by (10) and the researcher conducted the homogeneity of the sample, then The researcher touched on the tests related to the research, then the pre-test and gave some clarifications about the proposed exercises, and then the post-test was conducted, and the researcher used the appropriate statistical methods for his research.

As for the fourth chapter: - which is the presentation, analysis and discussion of the results. The data were presented in tables and figures, as the results showed that there were significant differences between the pre- and post-test for the experimental group and in favor of the post-test, while there was a relatively slight development for the control group, then the experimental group outperformed the control group in the test. Dimensional and it achieves the hypotheses and objectives of the research.

As for Chapter Five: Conclusions and Recommendations, the researcher reached conclusions, which are:

- 1- The application of volleyball and badminton exercises had an effect on acquiring basic skills in the game of tennis.*
- 2- Increasing the repetitions during the educational units helped in accelerating the acquisition of basic skills in the game of tennis.*
- 3- There is a slight development in the skill acquisition of the control group through the differences between the pre- and post-test, although these differences are not significant.*
- 4- The presence of a learning transfer ratio that led to an improvement in the performance of the experimental group.*

The recommendations included:

- 1- Emphasis on following the scientific and programmed method of learning in order to facilitate and help the educational process.*

2- *Disseminating the results of the full study to those working in the sports field in youth forums and activating the game of tennis in terms of creating a basic base in all youth forums.*

3- *Benefiting from the principle of transferring the effect of learning between similar skills in volleyball and tennis and generalizing this hypothesis in learning the basic skills of different games.*

4- *Conducting similar studies on different samples and ages.*

PhD dissertation title:

The effectiveness of a fixed, variable, intense, and distributed exercise method in learning some basic tennis skills.

Researcher: Ammar Jabbar Abbas
supervision

Prof. Dr. Nabil Mahmoud Shaker Prof. Dr. Magda Hamid Kambash

The thesis aims to:

1- *Recognizing the effectiveness of fixed, variable, distributed and intense exercise methods and the method used in learning some basic skills for students in tennis.*

2- *Identifying the differences in the results of the pre and post tests of the research groups in some basic skills in tennis.*

3- *Identifying the best way to exercise in learning some basic skills in tennis.*

Suppose the search

1- *There are statistically significant differences between the tribal and remote tests among the research groups in learning some basic skills in tennis in favor of the post tests.*

2- *There are statistically significant differences in the post-tests of the research groups in learning some basic skills in tennis.*

The areas of research included:

The human field: Third-year students in the College of Physical Education - University of Diyala for the 2012-2013 academic year.

And the time range: - the period from 1/15/2012 to 3/15/2013

And the spatial domain: Tennis courts in the Faculty of Physical Education - University of Diyala.

The researcher used the experimental method, and the research sample consisted of (157) and the sample was randomly distributed into two groups: experimental (20) and control (20). Then the post test was

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conducted and the researcher used the appropriate statistical methods for his research.

The researcher reached the following conclusions

1- The scheduling of exercises using fixed, variable, intense, distributed methods, and the followed method has a “positive” effect on learning some basic skills in tennis.

2- There is a preference between the pre and post tests for the research groups in learning the basic skills of tennis, and it is in favor of the post tests.

3- There is a preference for the method group (distributor) in learning the technical performance of the skill of serving from the right and left side over the rest of the methods.

4- There is a preference for the (fixed) method group in learning the technical performance of the forehand skill over the rest of the methods.

5- . It gives preference to the method group (the variable) in learning the technical performance of the backhand skill over the rest of the methods.

The researcher recommends:

1- The necessity of scheduling the exercise with the methods (the subject of the research) in learning tennis skills and the extent of their effectiveness in achieving the best learning for these skills.

2- Focusing on the use of the (distributed) method in learning the skill of transmission, the (fixed) method in learning the skill of the forehand, and the (variable) method in learning the backhand because of their effective impact in learning these skills for this category of learners.

3- Experimenting with other methods of exercise in learning the skills (the subject of the research) or other skills for individual or group games.

4- The use of pictures and illustrations in the physical education lesson because of its great importance in linking the sense of hearing with sight, which leads to the acceleration of learning the motor skill.

5- Applying these methods to different age groups, and of both sexes, in learning basic tennis skills to know their preference in learning.

Positions held;

NS	Occupation	Workplace	period from – to
1	assistant teacher	Diyala University - College of Physical Education	2013-2006
2	Postgraduate course	Diyala University - College of Physical Education	2008-2006

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3	Responsible for the Physical Education Department	Diyala University - Directorate of Physical and Technical Education	2010-2008
4	Postgraduate course	Diyala University - College of Physical Education	2017
5	Managing Editor of the Journal of Sports Science	Diyala University - College of Physical Education	- 2018 2021

Positions held;

NS	Universities or institutes in which he taught	period from – to	Notes
1	Diyala University - College of Physical Education	2021-2006	

*** Universities or institutes in which he taught**

- Courses Taught

NS	University	the college	Section	Subject	academic year
1	Diyala	College of Physical Education and Sports Sciences	individual sciences	racket games	-2006 2021
2	Diyala	College of Physical Education and Sports Sciences	Theoretical sciences	Kinetic learning	- 2017 2018
3	Diyala	College of Physical Education and Sports Sciences	Theoretical sciences	Management and Organization	-2011 2012
4	Diyala	College of Physical Education and Sports Sciences	Theoretical sciences	Teaching methods	– 2007 2008
5	Diyala	College of Physical Education and Sports Sciences	Theoretical sciences	Research	– 2016 2021

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Courses he developed or contributed to

NS	University	the college	Section	Subject	academic year
1	Diyala	College of Physical Education and Sports Sciences	individual sciences	racket games	-2006 2021
2	Diyala	College of Physical Education and Sports Sciences	Theoretical sciences	Teaching methods	-2017 2021
3	Diyala	College of Physical Education and Sports Sciences	Theoretical sciences	Research	-2016 2021

Supervising letters and theses

NS	University	College	Section	academic year	
1	Diyala	College of Physical Education and Sports Sciences	Graduate Studies	2021/2020	
Title thesis		<input checked="" type="checkbox"/>	The effectiveness of cognitive harmonic exercises in developing some of the motor and physical abilities and basic skills of soccer tennis juniors		
NS	University	College	Section	academic year	
1	Diyala	College of Physical Education and Sports Sciences	Graduate Studies	2017/2018	
Title thesis		<input checked="" type="checkbox"/>	The effect of complex skill exercises on some aspects of attention and learning the skills of rolling and scoring in futsal football for first intermediate students		

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Conferences, seminars and workshops in which he participated

Address		The first scientific conference for the faculties of physical education in Iraq		
NS	Place	Section	Post type (search - attend)	academic year
1	Diyala University - College of Physical Education	applied Sciences	<input type="checkbox"/> - <input checked="" type="checkbox"/>	2002
Address		The first scientific conference for the faculties of physical education in Iraq		
NS	Place	Section	Post type (search - attend)	academic year
2	Diyala University - College of Physical Education	applied Sciences	<input checked="" type="checkbox"/> - <input type="checkbox"/>	2008
Address				
NS	Place	Section	Post type (search - attend)	academic year
3	Diyala University - College of Physical Education		<input type="checkbox"/> - <input checked="" type="checkbox"/>	2014
Address		The effect of using the educational bag on learning the skill of peaceful shooting in basketball		
NS	Place	Section	Post type (search - attend)	academic year
4	Halbcha University - College of Physical Education		<input checked="" type="checkbox"/> - <input type="checkbox"/>	2016
Address		Some mental abilities and their relationship to the		

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accuracy of shooting from the angle handball among Diyala Club players				
NS	Place	Section	Post type (search - attend)	academic year
5	kamian University - College of Physical Education		<input checked="" type="checkbox"/> - <input type="checkbox"/>	2013
Address				
NS	Place	Section	Post type (search - attend)	academic year
6	AL-ANBAR University - College of Physical Education		<input checked="" type="checkbox"/> - <input type="checkbox"/>	2017-2016
Address				
NS	Place	Section	Post type (search - attend)	academic year
7	DUHOK University - College of Physical Education		<input checked="" type="checkbox"/> - <input type="checkbox"/>	2020/2019
Address				
NS	Place	Section	Post type (search - attend)	academic year
8	DUHOK University - College of Physical Education		<input checked="" type="checkbox"/> - <input type="checkbox"/>	2018/2017
Address				
NS	Place	Section	Post type (search - attend)	academic year
10	ALSILAMANIA		<input checked="" type="checkbox"/> - <input type="checkbox"/>	2017/2016

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	University - College of Physical Education			
Address				
NS	Place	Section	Post type (search - attend)	academic year
11	Diyala University - College of Physical Education		<input checked="" type="checkbox"/> - <input type="checkbox"/>	2020/2019
Address				
NS	Place	Section	Post type (search - attend)	academic year
12	ALKUFA University - College of Physical Education		<input checked="" type="checkbox"/> - <input type="checkbox"/>	2018/2017
Address				
NS	Place	Section	Post type (search - attend)	academic year
13	Diyala University - College of Physical Education		<input checked="" type="checkbox"/> - <input type="checkbox"/>	2019/2018

The courses he participated in and conducted

NS	Course title	Scout Leaders Preparation Course in Sulaymaniyah	
1			
	Place	Sulaymaniyah Governorate - Doka	2009
NS	Course title	The developmental course in the field of management, information technology and	
2			

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		living languages	
Place	American University - Lebanon (A-U- (T	2006	
NS 3	Course title	The arbitration session of the Central Handball Federation	
Place	Diyala Governorate - Indoor gymnasium	2006	
NS 4	Course title	The arbitration session of the Central Iraqi Tennis Federation	
Place	Diyala University - Directorate of Student Activities	2015	

**Research projects in the field of specialization to serve the
environment and society or to develop education**

NS	Research Title	Publisher's place	academic year
.1	The effect of using rhythmic exercises in developing the motor coordination of primary school students aged (11-12) years.	Sports Science Journal	2010
.2	The effect of exercises (intensive- distributed) in learning the skill of serving in the sport of tennis.	Sports Science Journal	2013
.3	The effect of (fixed-variable) exercises on learning the forehand and backhand skills in tennis.	Sports Science Journal	2013
.4	Evaluation of the degree of difficulty of the service areas in the game of tennis	Sports Science Journal	2016
.5	The effect of using the educational bag on learning the skill of peaceful shooting in basketball	Garmian University Journal	2013
.6	The visual field of vision and its relationship to the accuracy of the performance of the forehand skill in wheelchair tennis	Sports Science Journal	2016
.7	Some mental abilities and their	Anbar	2016

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	relationship to the accuracy of shooting from the angle handball among the players of Diyala Club	University Magazine	
.8	The explosive power of the legs and arms and their relationship to the accuracy of the shooting from the handball jump	European journal of sports sciences	2018
.9	The effect of special exercises in the style of rapid learning in learning some offensive skills in volleyball for students of the College of Physical Education and Sports Sciences	JOURNAL OF CRITICAL REVIEWS	2019
.10	The effect of the quick learning strategy on learning some basic volleyball skills for first intermediate students	JOURNAL OF CRITICAL REVIEWS	2019
.11	Skillful Thinking According To The Preference Of Cerebral Sovereignty And Its Relationship To Some Of The Basic Skills Of Tennis	European Journal of Molecular & Clinical Medicine	2020
.12	The effectiveness of cognitive harmonic exercises in developing some of the motor and physical abilities and basic skills of soccer tennis juniors	Sports Science Journal	2020

International magazines and the magazine (impact factors) in which he published

NS	magazine	Sports Science Journal
1	name	
Research Title	The effect of using rhythmic exercises in developing the motor coordination of primary school students .aged (11-12) years	

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State / Iraq		The issue published in / the second	year / 2010
NS 1	magazine name	Sports Science Journal	
Research Title		The effect of exercises (intensive-distributed) in .learning the skill of serving in the sport of tennis	
Country iraq		1 st	2013
NS 1	magazine name	Sports Science Journal	
Research Title		The effect of (fixed-variable) exercises on learning .the forehand and backhand skills in tennis	
Country iraq		2 nd	2013
NS 1	magazine name	Garmian University Journal	
Research Title		The effect of using the educational bag on learning the skill of peaceful shooting in basketball	
Country iraq		1 st	2013
NS 1	magazine name	Anbar University Journal of Physical and Sports Sciences	
Research Title		Some mental abilities and their relationship to the accuracy of shooting from the angle handball among Diyala Club players	
Country iraq		13	2016
NS 1	magazine name	JOURNAL OF CRITICAL REVIEWS	
Research Title		The effect of the quick learning strategy on learning some basic volleyball skills for first intermediate students	
Country Spain		VOL 6, ISSUE 06	2019
NS 1	magazine name	JOURNAL OF CRITICAL REVIEWS	




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Research Title	The effect of special exercises in the style of rapid learning in learning some offensive skills in volleyball for students of the College of Physical Education and Sports Sciences		
Country	Spain	VOL 6, ISSUE 06	2019
NS	magazine	European Journal of Molecular & Clinical Medicine	
1	name		
Research Title	Skillful Thinking According To The Preference Of Cerebral Sovereignty And Its Relationship To Some Of The Basic Skills Of Tennis		
Country	Spain	VOL 7, ISSUE 6 ,	2020




Membership of scientific, local and international bodies

N	Authority name	Federation of Sports Physical Culture		
S				
1				
	Sweetened-international	affiliation date	still a member - Membership Expiry	the year
	<input type="checkbox"/>	<input type="checkbox"/> 2017	<input type="checkbox"/>	<input type="checkbox"/> 2017
N	Authority name	Editorial Board of the Journal of Sports Sciences		
S				
1				
	Sweetened-international	affiliation date	still a member - Membership Expiry	the year
	<input type="checkbox"/>	<input type="checkbox"/> 2018	<input type="checkbox"/>	<input type="checkbox"/> 2020

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Creations or activities in which he won (awards / certificates of appreciation / thank you books)

N S 1	type of creativity or activity	The first scientific conference for the faculties of physical education in Iraq	
	The title of the activity or creativity	to share	
	what he got award / certificate of appreciation /) (thank you letter	Donor	the year
		Diyala University - College of Physical Education	2002
N S 1	type of creativity or activity	The first scientific conference for the faculties of physical education in Iraq	
	The title of the activity or creativity	to share	
	what he got award / certificate of appreciation /) (thank you letter	Donor	the year
		Diyala University - College of Physical Education	2008
N S 1	type of creativity or activity	Sports races between Iraqi universities for the central and northern regions	
	The title of the activity or creativity	to share	
	what he got award / certificate of appreciation /) (thank you letter	Donor	the year
		5 Diyala University - Directorate of Physical and Technical Education	2008
N S 1	type of creativity or activity	Scout camps between the faculties of Diyala University	

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	The title of the activity or creativity	to share	
	what he got award / certificate of appreciation /) (thank you letter	Donor	the year
	4 	Diyala University - Directorate of Physical and Technical Education	2008
N S 1	type of creativity or activity	Graduation ceremonies for the faculties of Diyala University	
	The title of the activity or creativity	to share	
	what he got award / certificate of appreciation /) (thank you letter	Donor	the year
	2 	Diyala University - Directorate of Physical and Technical Education	2009
N S 1	type of creativity or activity	1998	
	The title of the activity or creativity	to share	
	what he got award / certificate of appreciation /) (thank you letter	Donor	the year
	8 	Diyala University - College of Physical Education	-2010 2018
N S 1	type of creativity or activity	Activities within the Faculty of Physical Education at the .University of Diyala	
	The title of the activity or creativity	to share	
	what he got award / certificate of appreciation /) (thank you letter	Donor	the year
	2	Diyala University -	2009

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	College of Physical Education	
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Authorship and translation

NS	The title of the book		
1			
Publishing house name			
Year of Publication /	number of /	Systematic <input type="checkbox"/>	-unsystem <input type="checkbox"/>
	editions		

The languages he speaks

- 1- Arabia
- 2- English

Contributions to community service

1. President of Racos International Group in Iraq for educational services and medical treatment.
2. I worked as a coach for the university team in tennis ground for boys and girls
3. Member of the Swedish Organization for the Science of Physical Education and Sport
4. A member of the Arsive Organization for Scientific Research

Other activities