

Curriculum Vitae

Full name and surname : Qusai Hatem Khalaf
Abbas Al-Saadi.



Date of birth / 1978/4/16 : Baquba

Certificate : PhD / Date of obtaining it 2013/8/22 :

General specialty : Physical Education / Subspecialty : Sports
training / Football

Academic title : Assistant Professor Doctor / Date of
obtaining 2017/5/27 :

Number of years of service in higher education 15 : years.

Number of years of service outside higher education : none social
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Awarding body for the bachelor's degree : University of
Diyala / College of Physical Education.

Date obtained 2003/2002 :

The awarding body for the master's degree : University of
Diyala / College of Physical Education.

Date obtained 2008/13/12 :

Awarding body for the doctoral degree : University of Diyala/College of Basic Education/Department of Physical Education.

Date of obtaining it 2013/22/08 :

Master's thesis title : The effect of exercises similar to playing on the acquisition of some motor characteristics and basic skills in futsal

Chapter one : Introduction to the research:

The researcher touched on the scientific progress made in the field of kinetic learning with the multiplicity of methods and methods used in the learning process. The researcher also touched on the game of football pentathlon in terms of being a modern game that has been introduced to the subjects of the Faculty of Physical Education, especially as it is a modern game for the students , and the importance of the research comes Through the importance of exercises similar to playing in acquiring some motor characteristics and basic skills for third-year students in the College of Physical Education - University of Diyala.

As for the research problem, it lies in knowing the effect of exercises similar to playing in acquiring some motor characteristics and basic skills in five-a-side football for third-year students in the College of Physical Education - University of Diyala.

Research objectives:

-1Preparing similar exercises to play in order to acquire some of the motor characteristics and basic skills of the five-a-side football.

2Preparing tests for the basic skills of the five-a-side football in question.

-3Recognizing the effect of exercises similar to playing in acquiring some motor characteristics and basic skills in five-a-side football.

Research hypothesis:

Exercises similar to playing have a positive effect on acquiring some motor characteristics and basic skills in five-a-side football.

Research areas:

-Human field : third-year students - College of Physical Education - University of Diyala . Time domain : the period from 2008/2/23 until .2008 , / 8 /1

-Spatial domain : the gymnasium in the College of Physical Education - University of Diyala.

Part Two : Theoretical Studies and Similar Studies:

Through this section, the researcher touched on the importance of kinesthetic learning, the stages of learning, and the important kinetic qualities that must be available in the pentathlon player.

The researcher touched on the five-a-side soccer game and the most important skills in this game, and the basic skills under discussion.

Chapter Three : Research Methodology and Field Procedures :

This section contained the research methodology and field procedures, as the researcher used the experimental method, and followed the experimental design for one group with two tests, pre and posttest.

The sample of the research was the students of the Faculty of Physical Education - the third stage, numbering (20) students, and it was chosen by the intentional method . The implementation of the experiment took (8) weeks with one unit per week, thus the number of units was.(8)

This section included devices, auxiliary tools, means of collecting information, two exploratory experiments, tests used in research, scientific foundations for tests, pre and post tests, and statistical methods used in data processing.

Chapter Four : Presentation, analysis and discussion of the results.

In this section, the researcher was interested in presenting, analyzing and discussing the results he reached in the tribal and remote tests and finding the significance of the differences, by presenting them in the form of tables, then he analyzed and discussed those tables, reinforced by scientific sources.

Chapter Five : Conclusions and Recommendations:

In this section, the researcher reviewed his conclusions and recommendations, including:

- 1The exercises similar to playing have a positive effect on acquiring some motor characteristics and basic skills for female students of the

third stage - College of Physical Education - University of Diyala in football fives.

2The appropriateness of the exercises used for the ages of the students contributed to applying them correctly and appropriately, which helped a lot in the process of acquiring some motor qualities and basic skills in five-football.

Among his recommendations:

- 1Implementation of the exercises similar to playing used in this research within the curriculum of the faculties of physical education for female students in the football quintet.

- 2Choosing the appropriate exercises for the age and gender for the possibility of performing in the correct manner, which helps in the learning process .

Ministry of Higher Education

And Scientific Research

University of Diyala

College of sport Education

The Effect of The Exercises That Are Similar To Playing Games In
Acquiring Some Movement Characteristics and Basic skills In
FUTSAL Game .

By

Qusay Hatim Halaf

Supervised By

Dr. Rafid Mehdi Qadouri Assist. Prof Furat Jabbar Saadalla

2008

The thissis consists of five chapters :

Chapter one : shows nature of research. It begins with the introduction and the research importance . The researcher mentions here the scientific progress in sport movement learning, the different methods and styles in the above learning process and then mainly deals with the football khomasi game us being a modern game that has been included within the programs of colleges of education especially for girls .

The research importance has been realized through focusing on the importance of the exercises that are similar to real games in acquiring some movement skills for the 3 rd year students – college of physical education – Diyala University .

Research problem liee in knowing the effect of the exercises and drills similar to real games in getting some movement abilities and basic skills in football khomasi for the students of the 3rd stage in the college of physical education Diyala University.

Research Aims :

- 1- Discussing exercises and drills similar to the real game for getting some movement abilities and basic skills for football khomasi.
- 2- Preparing test in the basic skills in the above study topic.

3- Realizing and knowing the effect of the above mentioned exercises on acquiring some movement abilities and basic skills in football khomasi.

Research hypotheses :

The above mentioned similar exercises have appositive effect on acquiring some movement characteristics and basic skills in football khomasi.

Research Domains :

1- Human domain: students of the 3rd stage of the college of physical education - Diyala University.

2- Time scope: from 23 - 2 - 2008 to 1 - 8 - 2008.

3- Place : The Games Hall in the physical education college - Diyala University .

Chapter Two : Theoretical and similar studies :

In this chapter , the writer refers to the importance of the sport movement learning, stages of this learning, and then to the movement abilities that the khomasi player should have. the writer also mentions the important skills found in football khomasi game . He also deals with some similar studies with discussing the usefulness got from them .

Chapter Three : Research Attitude and its field procedures :

This chapter contains the attitude of the research and experimental study following in that an experimental designing of a single group that has two tests (pre- and past tests).

The intentionally chosen sample of the research is (20) girl students of the physical education college-3 rd stage. the application of the experiment took (8) weeks (one sitting per week).

The chapter also mentions the helping things ; the aids and tools used in gathering in formation .

The two survey experiments, the test practiced in the research, the scientific bases of the test, the pre-/post tests and the statistical tools and devices used in treating data are also shown in this chapter.

Chapter Four : deals with the displaying, analy zing and discussing results.

In this chapter the researcher displays analyzes and discusses the results he has got through the (pre-/post) tests with the finding of the significance of differences . All that has been done through schedules that have been analyzed and discussed. All above schedules are supported by scientific references .

Chapter Five : Conclusions and Recommendations :

In this chapter , the researcher shows his conclusions and recommendations :

1- The exercises similar to playing games have appositive effect on getting some movement characteristics and basic skills, especially for the girl students - 3rd stage - college of physical education - Diyala University.

2- The exercises used, and owing to their being suitable for the students, ages, helped to be correctly applied and used. This has helped mush in the process of acquiring some movement characteristics and basic skills in football khomasi.

The researcher also recommended the following :

1- Applying and using the above mentioned exercises and drills in the programs of the physical education college for girls and in the football khomasi game.

2- Choosing of the exercises according to age and sex of players to ensure correct and full achievement that finally helps in getting the wanted learning process.

Doctoral thesis title : The effect of network training exercises in playing style in developing the most important indicators of motor compatibility and some basic skills for junior footballers.

The thesis included five chapters:

Chapter one: Introduction to the research:

❖ Introduction and importance of the research:

The research touched on the scientific progress achieved with the multiplicity of methods and methods used in various knowledge, sciences, methods and modern methods in the field of kinetic learning and sports training, and the technical development of education and training at the scientific level and its connection with theories of other sciences, in addition to the fact that the game of football acquires great

importance as it The first game in the world, and the importance of the research comes from the researcher's humble observation of the poor motor performance of football juniors, which leads to their weakness in skill performance. As for the research problem, it revolves around the use of training network exercises and the way of playing according to the mechanism and elements of the network for the requirements of modern football and knowing the extent of the impact of this method of exercises, which in turn works to increase the concentration of the players and develop their perceptual and compatibility skills and for various other skills that lead to the development of skill performance among junior footballers .

❖ research aims :

- 1Preparing the training network exercises in the style of playing.
- 2Know the effect of training network exercises in the style of playing in developing the most important indicators of motor compatibility among junior footballers.
- 3You know the effect of training net exercises by playing style in developing some of the basic skills under study for young footballers.
- 4Identifying the percentage of development between the tribal and remote tests in the development of the most important indicators of motor compatibility and some basic skills under study for young footballers.

❖ Research hypotheses :

- 1There are significant differences between the results of the pre and post test for the indicators of motor compatibility and in favor of the post test.
- 2There are significant differences between the results of the pre and post test for the development of basic football skills under study and in favor of the post test.

❖ Research areas:

1-5-1The human field: Diyala Sports Club youth (14-16 years old) in football.

2-5-1Time range: 12/13/2011 to 1/3/2013.

3-5-1Spatial domain: Diyala Sports Club stadium.

Part Two: Theoretical Studies and Similar Studies:

This section included the training network exercises and its elements and mechanism, and to sports exercises and their importance and the importance of kinesthetic learning, as well as the important kinetic compatibility indicators that must be available in the football player. Similar and discussed aspects of the benefits of those studies.

Chapter Three: Research Methodology and Field Procedures :

This section contained the research methodology and field procedures, as the researcher used the experimental method, and followed the experimental design of the one group with two tests, pre and post tests. The application of the experiment took (12) weeks, with three training units per week, bringing the number of units to (36) training units. .

Chapter Four: Presentation, analysis and discussion of the results.

In this section, the researcher was interested in presenting, analyzing and discussing the results he reached in the tribal and remote tests and finding the significance of the differences, by presenting them in the form of tables, then he analyzed and discussed those tables, reinforced by scientific sources.

Chapter Five: Conclusions and Recommendations:

In this section, the researcher reviewed his conclusions and recommendations, which were summarized as follows: 1- The appropriateness of the exercises used for the ages of the players and the extent to which they are applied correctly and appropriately, which helped a lot in the process of developing basic football skills.

-2The training network exercises in a playing style have a positive effect in acquiring the kinetic compatibility of football and the basic skills of the Diyala Sports Club football players for the junior category.

Among his recommendations:

- 1Applying the exercises used in this research within the training curricula for different age groups in football.
- 2Choosing appropriate exercises for the age and gender for the possibility of performing in the correct manner, and this in turn helps in the learning and training process.

AND SCIENTIFIC RESEARCH

DIALA UNIVERSITY

BASIC EDUCATION COLLEGE

DEPARTMENT OF PHYSICAL EDUCATION

The Effect of a group of training exercises by the style of playing in developing the indicators of the dynamic harmony and the basic skills for the young players in football

Adisser station presented by

Qusay Hattam Khalaf Abbas Al Saedy

Submitted to the board of basic education college diala university as apart of the requirements for fulfillment of doctorate degree in the philosophy of physical education.

Supervised by

A.Dr Nabeel Mahmoud Shaker

2013 AD 1434 AH

Abstract

The dissertation included five chapters

Chapter one:- The definition of the research

*The introduction and the importance of the research

The research dealt with the scientific development with the multiplicity of the used methods in different knowledge's and sciences as well as the modern ways in the field of learning the dynamic harmony and the sport training, also what had been reached from the technical development on the scientific level and the connections with other scientific theories, besides, the game of football got the great importance as it is the first game in the world.

The importance of this research comes through the humble observation of the researcher to the weakness in the dynamic performance, as the problem of research is concentrated in using a group of training exercises by the style of playing in accordance to the

mechanism and the trainings group elements which are required to the modern football and to know the extent of effect for this style of exercises which work on increasing the concentration of the players and develop their recognition skills and for other skills which lead to develop the skillful performance of the young players in football

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*The aims (targets) of the research

- 1- preparing the training exercises by the of style of playing in developing the dynamic harmony indicators and the basic skills for the young players in football.
2. Know the effect of the training exercises group by the style of playing in developing the indicators of the harmony dynamic for the young plays in football.
- 3- know the effect of the training exercises group by the style playing in developing some basic skills for the young players in football.

*The hypotheses of the research

- 1- there are moral differences between the pre and post test for the dynamic harmony indicators in favor priority to the post test.
- 2-Tere are moral differences between the pre and post test for the development of the basic skills in football in favor priority to the post test.

*The field of the research

- 1-5-1 the human field:- The young players of the sport Diala club with ages(14-16 years) in football.
- 2-15 The time field:- from 13/12/2010 to 1/3/2013
- 1-5-3 The place field:- The stadium of sport Diala club.

Chapter two:- the theoretical and similar studies

This chapter contained the group of training exercises with their elements and mechanism as well as the importance of dynamic learning and the important dynamic harmony indicator which must be existed and available in the player of football. The study reviewed in this matter the importance of the skillful preparation, the modern training in football and the basic elements in training the young player, he also

dealt with the similar studies and discussed the benefits from those studies.

Chapter three:- The course of research and the field procedures

This chapter included the course and the field procedures, the researcher used the experimental course and football the experimental design for one group with pre and post tests, the sample of the research was from the young players of sport Diala club in football, it was chosen purposely. The time if the experiment application was(12) weeks with (3) units in a week, so the number of units was(36) training unit, this chapter also included, the did tools, devices , the means of gathering information, the used tests, the scientific bases for the pre-post tests and the used statistical methods in treating the data.

Chapter four:-

display the results with analysis and discussion The researcher paid the attention to display and analyze with discussion the results which have been reached in the pre-post tests and to find the sign to differences by showing results in tables, then started to analyze and discuss supported by the scientific resources.

Chapter five: -The conclusions and recommendations

*The researcher reached the following conclusion:-

1-The proposed group of training exercises has a positive effect in gaining (getting) the special dynamic harmony and the basic skills for the young players of sport Diala club in football.

2- the suitability (fitness) of the used exercises in this research for the age of players and the extent of application in a suitable and correct way which helped a lot in the development process of the basic skill in football.

*The researcher recommends the following:-

1- Apply the used exercises of this research within the training course for different ages for the players of football.

2- Choosing the suitable (convenient) exercises for the age and gender within the training course for the possibility of better and correct performance and this will lead to the process of learning the training.

Jobs he held:

period from - to	Workplace	Occupation	NS
- 2007until now	Diyala University/College of Physical Education	teaching	1
2014/2013 2015/2014	Diyala University/College of Physical Education	College website administrator	2
2015/2014	Diyala University/College of Physical Education and Sports Sciences	Applied Sciences Branch Course	3

Notes	period from - to	Entity) university / college / institute(NS
	- 2007until now	Diyala University/College of Physical Education	1

Universities or institutes where he taught:

Courses Taught

academic year	Subject	Section	the college	the University	NS
2008/2007until now	football	applied Sciences	physical education	Diyala	1
2019until now	sports training	Theoretical sciences	physical education	Diyala	2

Courses he developed or contributed to:

Subject	Section	the college	the University	NS
Football) outdoors and futsal(applied Sciences	physical education	Diyala	1
sports training	Theoretical sciences	physical education	Diyala	2

Conferences, seminars and workshops in which he participated:

The first scientific conference for the disciplines of physical education				Address	
academic year	Participation type) research - attendance (Section	Place		NS
2009/2008	Presence	team games	Diyala University		1
The 1st International Conference on Physical Education School				Address	
academic year	Participation type) research - attendance (Section	Place		NS
2013	search number2	scientific conference	Zankoya University of Duhok		2
The Fifth International Scientific Conference on Physiology and Sports Training				Address	
	Post type				

academic year)search - attend (Section	Place	NS
2013	search number2	scientific conference	Basra University / College of Physical Education	3
Scientific conference at Garmian University				Address
academic year	Post type search - attend	Section	Place	NS
	research	scientific conference	Karamian University	
The Arab Conference of the Federation of Arab Sports / Sharm El Sheikh				Address
academic year	Post type search - attend	Section	Place	NS
2014	search number 2	scientific conference	Sharm El-Shaikh	1

Courses attended and held by:

Teaching methods course		Course title	NS
			1
2009/2008	Diyala University / College of Education Al-Asma'i		Place
Language Teaching Competency and Safety Course		Course title	NS
			2
2009/2008	Diyala University / College of Education Al-Asma'i		Place
Computer Proficiency Course		Course title	NS
			3
2009/2008	Diyala University Presidency		Place

Computer Proficiency Course ic3		Course title	NS
			4
2012/2011	Baghdad University		Place

The initial outdoor soccer training course		Course title	NS
			5
2009	Diyala Sports Club, under the supervision of the Iraqi Central Football Association	Place	

Research projects in the field of specialization to serve the environment and society or to develop education:

the year	Publisher's place	Research Title	NS
2010	Iraq / University of Babylon	Mental perception and its relationship to soccer scoring accuracy	1
2012	Iraq / University of Diyala / College of Basic Education	The effect of playing style exercises in developing some of the motor and skill abilities of the female students of the College of Physical Education in five-a-side football	2
2013	Iraq / University of Diyala / College of Physical Education	The effect of training network exercises on developing some motor and skill qualities in football	3
2013	Kurdistan Region / Zankoya Dohuk	Commitment and its relationship to conduct altruistic football players for some clubs Diyala province) search lay down(4
2013	Kurdistan Region / Zankoya University Duhok	The effect of skill recreational exercises in developing some motor abilities and basic skills in five-football) Poster research(5
2013	Basra International Conference on Physiology and Sports Training	The effect of using different training methods in developing the speed of the kinetic response and the strength characteristic of speed in the development and development of the rapid and rebound attack in football for closed halls	6
2013	Basra International Conference on Physiology and Sports Training	The effect of harmonic exercises with and without the ball in developing some physical abilities and basic skills in futsal	7
2014	Karamian University Conference	The effect of skillful physical exercises in developing the playing system and its relationship to the level of intelligence of Diyala University football players	8

International magazines and magazines) impact factors in which he published:

the year	The number it was published in	Research Title	Country	magazine name	NS
2010	The third volume) the third issue(Mental perception and its relationship to soccer scoring accuracy	Iraq / University of Babylon	Journal of Physical Education Sciences	1
2012	53	The effect of playing style exercises in developing some of the motor and skill abilities of the female students of the College of Physical Education in five-a-side football	Iraq / University of Diyala / College of Basic Education	Al-Fath magazine	2
2013	45	The effect of training network exercises on developing some motor and skill qualities in football	Iraq / University of Diyala / College of Physical Education	Sports Science Journal	3
2014	number three	The effect of exercises of tactical approaches in playing style in developing the most important combinatorial abilities and their		Swedish World Council Magazine	4

		relationship to self-confidence among junior footballers aged 12-14 years			
					5

Creations or activities for which he won) awards / certificates of appreciation / thank you books:(

the year	The title of the activity or creativity	Donor	what he got award / certificate of appreciation/ thank you letter	type of creativity or activity	N S
2008	to share	Diyala University / College of Physical Education	A certificate of appreciation	The first conference for the specializations of physical education	1
2013	Presentation search + poster search	Faculty Deanship of Educational Sciences / School of Physical Education	Thanks and appreciation	The first international scientific conference	2
2013	Diyala University coach	Tikrit University / Department of Sports and Artistic Activities	A certificate of appreciation	Iraqi Universities Northern Region Futsal Championship	3

for sever al seaso ns	trainer	Directorate of Physical and Art Education / Univ ersity of Diyala	First place prizes	Diyala University Football Champion ship for indoor and outdoor arenas	5
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Contributions to community service:

- . 1Former coach at the Specialized School for Age Groups of Football / Diyala.
- . 2He holds a training certificate Asian) level 2 (Football halls

Other activities:

- . 1Coach of the College of Physical Education and Sports Sciences and the University of Diyala in futsal football.
- . 2Coach of the College of Physical Education and Sports Sciences and the University of Diyala in football for the open yards.

Note : The biography has not been updated for the last three years, due to the many participations, courses, seminars, workshops and scientific conferences, and not to prolong your presence.