Curriculum vitae-Faculty of physical education and sports sciences-Diyala UniversityFull

Curriculum vitae-Faculty of physical education and sports sciences – Diyala University-2020-2021

name: Iyad Kamel Shaalan Muhammad

Date of Birth: 12/23/1976

Certification: Master's

Date obtained: 11/20/2017

General specialty: Physical Education

Detailed specialty : Psychology

Academic title: Assistant teacher

Date of obtaining it: 3/23/2021

Number of years of service in higher education: (9 years) and (10 months)

Number of years of service outside higher education: (no)

E-mail: ayad.kamel.shalan@uodiyala.edu.iq

Awarding body for the bachelor's degree: University of Diyala / College of Basic Education

Date of obtaining it: 5/9/2009

The awarding body for the master's degree: University of Diyala

Date obtained: 11/20/2017

Master's thesis title:

1 – Extract the message

2- (building scale NSfor mental health Among the advanced players in

boxing - judo - taekwondo in Iraq)

3- researcher Supervised by

4- Iyad Kamel Shaalan Asst. Dr. Alaa Zuhair Mustafa

5-1438h 2017NS

6- The great development and change that occurred at the level of various sports competitions and in all disciplines and with the increase in the training load that athletes undergo during training as well as competition. In addition to the life pressures, it has become necessary for the athlete to



enjoy a high level of mental health, physical fitness and functional. And the importance of the research lies in building a measuring tool for mental health for individual game players to benefit from, because the goal is to develop solutions to the problem that these players suffer from. And overcoming the lapses that may be exposed during the fights.

- 7- As for the research problem, Through the researcher's follow-up to the fights of many individual games, he found that the negative psychological state in which the player is exposed before, during and after the fight is many, which can lead him to psychological burnout and thus cause a decrease in the level of mental health. And because there is no measuring tool for the issue of mental health for individual games in Iraq, so the researcher decided (Building a measure of mental health among advanced players in boxing judo taekwondo in Iraq)
- 8- The areas of research It included the human domain: the players of some individual games in the Iraqi sports clubs and the temporal domain: 4/9/2016- 2/5/2017) and the spatial domain: the sports halls for the individual games athletes of the Iraqi clubs.
- 9- Then the researcher conducted the exploratory experiment on the date (6/2/2017) on a sample of the research community to identify the validity of the paragraphs and the alternatives and the clarity of the meaning of the paragraphs, the instructions and the time of the answer. And the relationship of the field to the field, and the relationship of each field to the total degree, and factor analysis). The researcher used the statistical methods that fit the goal of the research through the use of the statistical bag(spss).
- 10- The results were presented in the form of tables, analyzed and discussed according to the factorial analysis test and the presentation of the matrices before and after the rotation. The researcher reached a number of conclusions, the most important of which are: The current scale included (14) items distributed over three factors that measure the mental

health of advanced players in games (boxing – judo – taekwondo). The researcher also reached a number of recommendations one of the importants (The need for the attention of the responsible sports authorities and the various media , Especially sports and awareness of its positive role because of its importance and direct impact on the personality of the individual in general , And the athlete in particular)

Jobs he held:

| period from - to | Workplace | Occupation | NS |
|-----------------------|---|------------------------------|----|
| 1/2/2012-1/5/2013 | Diyala University - College of Physical | Responsible for Studies and | 1 |
| | Education and Sports Sciences | Planning Division | |
| From 1/2/2018 to | Diyala University - College of Physical | Responsible for Scientific | 2 |
| 1/9/2018 | Education and Sports Sciences | Affairs Division | |
| 2018 to 2019 | Diyala University - College of Physical | Administration Division | 3 |
| | Education and Riyadh Sciences | Responsible | |
| 1/7/2019 to 1/11/2019 | Diyala University - College of Physical | Continuing Education | |
| | Education and Riyadh Sciences | Division Officer | |
| 2021 so far | Diyala University - College of Physical | Responsible for the Cultural | |
| | Education and Riyadh Sciences | Relations Unit | |

Conferences and seminars in which he participated :

1- The Fourth International Scientific Conference on Physical Education Sciences:

| the year | Post type | Section | Place | NS |
|----------|-----------|-----------|-------------------|----|
| 2017 | research | physical | Diyala University | 1 |
| | | education | | |

2- The first international scientific conference for physical education sciences:

| the year | Post type | Section | Place | NS |
|----------|-----------|-----------|-------------------|----|
| 2020 | Presence | physical | Diyala University | 1 |
| | | education | | |

Courses I participated in

| the year | Post type | Section | Place | cycle Type | NS |
|----------|-------------|-----------------|------------|-------------------|----|
| 2018 | Presence | physical | Diyala | Sports medicine | 1 |
| | | education | University | course | |
| 2015 | participant | jumble fighting | Iraqi | The Iraqi Central | 2 |
| | | committee | National | Federation of | |
| | | | Olympic | Kyokushin Kai | |
| | | | Committee | | |

Scientific research:

| the year | Publisher's place | Research Title | NS |
|----------|---|---|----|
| 2018 | Diyala University - College of Physical Education and Sports Sciences | Evaluation of the quality level of psychological counseling provided to students of physical education and sports sciences at the University of Diyala | 1 |
| 2020 | Al-Mustansiriya University - College of Physical Education and Sports Sciences | The effect of special exercises using the rotary punching device in developing the skill of blocking the left arm from the outside for young boxers | 2 |
| 2019 | Journal of Physical Activity Sports Society Education and Health - Algeria | Detecting the level of internal and external control of educational candidates and its relationship to the gender variable (males - females) practicing sports activities | 3 |

Publishing in international journals:

| the year | Country | magazine name | Research Title | NS |
|----------|---------|---|---|----|
| 2020 | Britain | Tropical | Building and applying the | 1 |
| | | medicine and public health | defensive tricks scale for | |
| | | | Diyala University team | |
| | | | players in sports | |
| 2020 | Britain | Tropical medicine and public health | An analytical study of the psychological repercussions of the injured players of the two categories (youth - advanced) in the game of boxing | 2 |