

**Ministry of Higher Education and
Scientific Research
Scientific supervision and
evaluation device
Department of Quality Assurance
and Academic Accreditation
Accreditation Department**



Academic program description guide

2024

:introduction the

An educational program is a coordinated and organized package of ...courses that includes

It consists of procedures and experiences organized into academic vocabulary, the main purpose of which is to build and refine skills

makes them qualified to meet the requirements of Graduates, which the labor market, are reviewed and evaluated annually via

Internal or external audit procedures and programs such as the external .examiner program

The academic program description provides a brief summary of the main features of the program and its courses

The skills that students are working on acquiring are based on the objectives of the academic program and are evident

The importance of this description is that it represents the cornerstone of obtaining programmatic accreditation and participation

In writing the teaching staff under the supervision of the scientific .committees in the scientific departments

This guide, in its second edition, includes a description of the academic program after updating vocabulary and paragraphs

The previous guide in light of the latest developments in the educational system in Iraq, which included a description

The academic program is in its traditional form (annual, quarterly), in addition to adopting the program description

The academic circulated according to the letter of the Department of regarding 2023/٣/on ٥2906/Studies T.M. ٣

.Programs that rely on the Bologna Process as a basis for their work

In this area, we can only emphasize the importance of writing descriptions of academic programs and courses

:Concepts and terminology

The description of the academic : Description of the academic program program provides a brief summary of its vision, mission, and objectives, including an accurate description of the targeted learning outcomes .according to specific learning strategies

Provides a necessary summary of the most : Course Description important characteristics of the course and the learning outcomes expected of the student to achieve, demonstrating whether he or she has made the most of the available learning opportunities. It is a .gallows, according to the program description

An ambitious picture for the future of the academic : Program Vision program to be a developed, inspiring, motivating, realistic and applicable .program

The goals and activities necessary to achieve them in : Program mission s development paths'a brief way. It also defines the program

These are statements that describe what the : Program objectives academic program intends to achieve within a specific period of time .and are measurable and observable

All courses/study subjects included in the academic : Program structure program according to the approved learning system (semester, annual, Bologna track), whether you are required (ministry, university, college, .or scientific department), along with the number of study units

A consistent set of knowledge, skills, and values : Learning outcomes that the student has acquired after successfully completing the each course must be academic program. The learning outcomes for .s objectives'determined in a way that achieves the program

They are the strategies used by the : Teaching and learning strategies s teaching and learning, and 'faculty member to develop the student they are plans that are followed to reach the learning goals. That is, it describes all classroom and extracurricular activities to achieve the .learning outcomes of the programme

Academic program description form

University name: Diyala University

College/Institute: College of Physical Education and Sports Sciences

Individual Games Branch :Scientific Department

Name of the academic or professional program: Bachelor of Physical
.....Education and Sports Sciences

s in Physical Education and Sports 'Name of final degree: Bachelor
..Sciences

School system. annual

2024/25/2 :Description preparation date

2024/25/2 :Date of filling out the file

: Signature Signature

Name of Scientific Bayati-Firdous Majeed Al head name : Mr. Dr
Assistant: Prof. Dr. Muhammad Walid Shehab

:Date: Date

Check the file here before

Division of Quality Assurance and University Performance

Name of the Director of the Quality Assurance and University
Performance Division: Prof. Dr. Hanan Adnan Abaoub

the date

the signature

Authentication of the Dean

The vision of the program 1-

Remember to see the program as stated in the university bulletin and . website

Diyala University seeks scientific leadership, excellence and creativity in and scientific research to serve the the fields of higher education community and enhance its local, regional and international standing to .reach the highest levels of quality and international accreditation

Program message -2

s bulletin and 'State the program's mission as stated in the university . website

Providing effective academic university education through continuous development of academic programs in many specializations in light of the labor market and the requirements of development plans to serve .sustainable development contribute to promoting

Program objectives -3

General statements that describe what the program or institution intends .to achieve

- a) Building a distinguished educational institution within international standards that meets the requirements of the local, regional and international community in accordance with the directions of the .Ministry of Higher Education and Scientific Research
- b) Creating a stimulating environment for teaching, learning and creativity by developing and updating scientific curricula and training and evaluation methods to keep pace with the requirements of the labor .market
- c) Keeping pace with technological development in the fields of blended3 3learning and developing educational and academic programs to –e adapt university students and teaching staff

Program accreditation -4

Does the program have program accreditation? From which side? both

Other external influences -5

Is there a sponsor for the program? both

Program structure -6

*comments	percentage	Study unit	Number of courses	Program structure
Basic		2	1	Enterprise requirements
				College requirements
				Department requirements
				summer training
				Other

We can include notes on whether the course is core or elective *

Program description -7

Credit hours		Name of the course or course	Course or course code	Year/level
practical	theoretical	Fitness		2023- 2024
√	√			

Expected learning outcomes of the program - 8

Knowledge

Statement of learning outcomes \	Learning outcomes \
s'Highlighting the student personality in a way that develops him	students to obtain the Enabling -A \ knowledge required to understand mathematical theories and laws students to know the Helping relationship of the program and its academic elements (courses or subjects) with the awarded certificate and future job qualifications

-Increasing the student's self-confidence Highlighting the hidden talents of the student	know the to Helping students -2A teaching and learning methods that help them achieve the targeted learning outcomes in the theoretical section
teamwork 'Highlighting students -	be able to That the student -A ^γ perform and practically apply all individual and group games
Skills	
^γ Statement of learning outcomes	^γ Learning outcomes
Developing students in the skillful performance of the practical games included in the program	Helping students apply the theoretical and practical subjects they have learned inside and outside the university setting
Statement of learning outcomes ^γ	Learning outcomes ^γ
Increasing communication between individuals, which contributes to building a learning community	ideas Helping students apply their and talents inside and outside the . university setting
Value	
Statement of learning outcomes ^ε	Learning outcomes ^ε
Learn to set the right priorities for any problem	and Developing cooperation brotherhood and developing the spirit of determination among students
Statement of learning outcomes ^ο	Learning outcomes ^ο
Developing respect for time and time in completing and implementing work. Developing the spirit of fair competition among work groups in pursuit of quality work, excellence and .diversity in performance	Leadership -self evaluation. Appreciating the efforts -evaluation. of scientists

Teaching and learning strategies -9
Teaching and learning strategies and methods adopted in implementing the program in general
. Cooperative education strategy •

- .Learning strategy improvisation games •
- .Teaching strategy brainstorming •
- .Panorama education strategy •
- .Education strategy collaborative concept planning •
- .Education strategy one minute paper •
- time feedback-Education strategy real •
- .Education strategy notes series •
- Education strategy mind mapping •
- Modeling learning strategy : It is known as social learning, in which the individual acquires and learns responses as well as new behavioral patterns in a social context or situation through observation or attention. In general, it is an illustrative method of education in which experiences are employed as well as methods and models •

Evaluation methods -10

.Implementing it in all stages of the program in general

Daily tests -Electronic tests -Oral tests - Written tests -

quality evaluation -The college has relied on clear, high methods and tools for student learning in order to maintain the quality of the graduate and the academic reputation of s regulations 'the college. This is embodied in the university and the requirements for continuous evaluation of students, provided that there are several types of evaluation methods quality of the graduate, in order to ensure the quality The which constitutes the final outcome of the educational :process, and the most important methods of evaluation are Objective tests to measure knowledge of facts, -A comprehend them, apply scientific knowledge in new :measure remembering, through the following situations, and

- True and false questions ·
- Multiple choice questions ·
- matching items).) Interview questions ·
- Completion questions ·
- : Practical tests concern the following matters-
sports (basketball, The ability to perform motor and skill
· (...volleyball, handball
Sports understanding of scientific and practical material, ·
- playing laws and principles
- The ability to recall, link and interpret ·
- Apply knowledge in a simple way in interpreting data ·
- Diagnosis and problem solving ·
- : It is done through the following
- Connection test / open questions
- Questions that have a specific answer -
- Which is based on motivating the student with questions -
- that do not have a specific answer
- Possessing the skill in organization -
- Possessing the skill in arranging ideas -
- Avoid fraud and confront it -

Teaching profession -11					
· Faculty members					
Preparing the teaching staff		requirements/ skills (if any)	Specialization		Scientific rank
lecturer	angel		private	general	
	√		fitness A	Physical education and sports sciences	M.D

Professional development
Orienting new faculty members
time, and -Briefly classifies the process used to orient new, visiting, full .time faculty at the institution and department levels-part
teaching profession Professional development for members of the
Briefly describe the academic and professional development plan and arrangements for faculty members such as teaching and learning strategies, assessment of learning outcomes , professional development, .etc

Acceptance criterion - 12
Establishing regulations related to enrollment in the college or institute, whether central admission or others mentioned
The average of students in the sixth year (preparatory, vocational), - .through which admission to the university level takes place
Acceptance by the Olympic Committee (only for champion - .(athletes
'Raising the College of Physical Education and Sciences - acceptance rate equivalent to the acceptance rate of the Colleges of .Engineering and Sciences

The most important sources of information about the -13 program
Remember briefly
The curriculum approved by the Ministry of Higher Education . and Scientific Research and its guidelines
Decisions and recommendations of scientific committees in •
physical education and sports sciences
.Courses in teaching methods •
.Description of courses •
.Courses in civil society organizations •
.Conferences, seminars, workshops and panel discussions •
.Relevant state institutions •
Graduates Unit •

- .Internet searches for similar experiences •
- .Personal experiences •

Scientific sources approved within the academic -
 curriculum for the stage in which the education takes place
 The curriculum approved by the Ministry is unified for all -
 .colleges of physical education in Iraq
 taught by a specialist The rules of the Olympic Games are -
 .teacher
 Equipping colleges with practical laboratories, halls, and -
 . playgrounds for the subjects taught

Program development plan -14

The program works to develop the student's academic personality in a
 -manner commensurate with the ambitions of the modern state.
 Highlighting the strengths of students in a way that allows them to
 s 'Extracting the student -form a leadership personality in the future.
 hidden talents to develop his field of work and raise the level of
 .education
 Modern scientific sources and the latest scientific research are periodically -
 The - . reviewed through which the prescribed curriculum is developed
 . theoretical and practical material is combined to develop the curriculum

Program skills chart															
Learning outcomes required from the programme															
Value				Skills				Knowledge				Essen tial or optio nal	Course Name	C ou r s e C o d e	Year/l evel
C 4	C 3	C ۲	C 1	4B	3B	B ۲	B 1	A 4	A 3	۲ a	A 1				2023- 2024
√	√	√	√	√	√	√	√	√	√	√	√	Basic	Fitness		

Please check the boxes corresponding to the individual learning outcomes from the program subject to evaluation

Course description form

<ul style="list-style-type: none"> the Physical fitness :Name of the course
<ul style="list-style-type: none"> Course Code
<ul style="list-style-type: none"> Annual :Semester/ Year
<ul style="list-style-type: none"> The date this description was prepared is 2/25/2024
<ul style="list-style-type: none"> hours : Available forms of attendance per week and daily attendance
<ul style="list-style-type: none"> Number of study hours (total) / Number units hours / of units (total)
<ul style="list-style-type: none"> Name of the course administrator (if more than one name is mentioned)
<ul style="list-style-type: none"> -1 - Prof. Doha Abdel Jabbar, Head of the Scientific Group 2 -M.M. Maryam Baqi Jassim 3 - M.M. Sarah Akram Hamid 4- M.M. Fadwa Muhammad Mohsen
<ul style="list-style-type: none"> Course objectives

<ul style="list-style-type: none"> the most important Helping students to know - abilities, how to develop physical traits and s 'them, and their importance for the athlete to ensure that private health or public health, and .students obtain the targeted learning outcomes physical fitness Recognizing the importance of for individual and team games its impact on developing physical Identify capabilities in various fields of life 	<p>Objectives of the study subject</p>
<ul style="list-style-type: none"> Teaching and learning strategies 	
<p>1- Activating the role of the learner in educational situations</p> <p>2 - Motivating learners to generate - creative ideas on a specific topic, by searching for correct answers, or possible solutions to the issues presented to them</p> <p>3-That students become accustomed - to respecting and appreciating the opinions of others</p> <p>4-That students become accustomed - to benefiting from From the ideas of by developing and building on others them</p>	<p>strategy</p>

10-(Physical Fitness) Course Structure.) .					
Evaluation method	Teaching method	Name of the unit/topic	Required learning outcomes	hours	the week
Written oral - exams	Research learning style	Stages of structural fitness training	Cognitive :field Understanding the components of muscular fitness Knowing the factors affecting physical fitness characteristics Distinguishing between the two components of physical fitness Understanding the importance of elements and	hour	the first
Written and oral exams	Initiative style	Physical exercise divisions (1)		hours2	the second
Written and oral exams	-----	Physical exercise divisions (2)		hours 2	the third
Written -oral - practical tests	Collaborative style	Fitness trends		hours 2	the fourth
----- --	-----	The principles of physical fitness		hours2	Fifth
Written -oral - practical tests	Diction / Problem Solving	Muscular strength		hours 2	VI
Written -oral - practical tests	Diction / Problem Solving	Muscle strength training methods		hours 2	Seventh
Written and oral .exams	Diction / Problem Solving	The most important special tests		hours 2	VIII

		for strength endurance	components of physical fitness Getting to know food Food components Fitness exercises for women An effective way to review course content An effective way to determine appropriate evaluation methods Allows teachers to evaluate the effectiveness of their teaching: Have the intended outcomes		
----- ---	Diction / Problem Solving	The relationship of strength to some physical indicators		hours 2	Ninth
Written and oral .exams	Use power point	the speed		hours 2	The tenth
Written and oral .exams	Use power point	Speed development and (1) training		hours 2	eleventh
Written -oral - practical tests	Diction / Problem Solving	Speed development and (2) training		hours 2	twelveth
Written -oral - practical tests	Inverted row	Types of reaction		hours 2	Thirteenth
Written and oral .exams	Collaborative style	Reaction exercises		hours 2	fourteenth
-----	-----	I test my vision in the classroom and in my work		hours 2	Fifteenth
Written oral - exams	Research learning style	Methods of developing simple and complex reactions (1)		hours 2	sixteen
Written and oral .exams	Initiative style	Methods of developing simple and complex 2) reactions (hours 2	seventeenth

Written and oral .exams	Inverted row	Components of training load when developing speed	<p>been achieved</p> <p>It • facilitates the process of transition from teaching to learning, that is, focusing on the learner rather than the teacher, that is, what the learner is expected to be able to do and not what the teacher can do</p> <p>Students • know clearly what they are expected to learn from this course and how their learning will be assessed</p> <p>It gives • students the opportunity</p>	hours 2	eighteen
Written -oral -practical tests	Collaborative style	Speed tests		hours 2	nineteenth
Written and oral .exams	-----	Endurance		hours 2	twenty
-----	Diction / Problem Solving	Classification of types of endurance		hours 2	twenty one
Written -oral -practical tests	Diction / Problem Solving	Endurance sections based on the concept of energy expenditure		hours 2	twenty two
Written and oral .exams	Diction / Problem Solving	Endurance tests and measurements		hours 2	-Twenty three
Tests	Diction / Problem Solving	Flexibility		hours 2	-Twenty four
Oral .exams	Use power point	Types of flexibility exercises		hours 2	twenty five
Oral .exams	Use power point	Agility		hours 2	twenty six
Oral - exams	Diction / Problem Solving	Fitness exercises		hours 2	twenty seven
-----	Inverted row	The physical	hours 2	-Twenty eight	

		fitness exam is practical and visual	ability to take greater responsibility in		
-----	-----	Discuss student reports and review the material	-self learning process when they know what they are expected to be able to do and the level they are expected to reach	hours 2	-Twenty nine
-----	-----	Comprehensive physical fitness test		hours 2	thirty

Course evaluation -11	
the according to the tasks assigned to Distribution of the score out of 100 student, such as daily preparation, daily, oral, monthly, written exams, reports, etc and the final exam is 25 course is the second 25 The first course is	
Resources for learning and teaching -12	
There is no approved textbook	Required textbooks (methodology, if any)
Mr. Abdel Maqsood: Theories of sports training (training and physiology of strength) Ghurairi, -Laith Ibrahim Jassim Al -sports training, basics of methodology Diyala -College of Education Sports University Abdel Moneim Abdel Fattah and Abdel Latif Al Lami Fitness Mahmeidat Rashid, physical fitness, its importance, its components and its training	Main references (sources)

<p>Hammadi Fitness and Ibrahim Mufti Ala-Al Abu Fitness is the path to a healthy life, Elaine Wadih Farag</p>	<p>Recommended supporting books and references (scientific (... journals, reports</p>
<p>https://www.sport.ta4a.u</p>	<p>Electronic references, Internet sites</p>