

**Ministry of Higher Education of Sciences
Scientific Supervision and Evaluation Device
Department of Quality Assurance and Academic Accreditation
Accreditation Department**



Academic Program Description Guide

2024

Introduction:

The educational program is considered a coordinated and organized package of courses that includes procedures and experiences organized into an academic vocabulary. The main purpose is to build and refine skills for graduates to meet the requirements of the labor market, which could be reviewed and evaluated annually by internal or external audit procedures programs such as the external examiner program. The academic program description provides a summary of the main features of the program and its courses. Students' skills that they are working on acquiring are based on the objectives of the academic program and are evident. This description plays a crucial role in securing the accreditation program, enabling the teaching staff to participate in writing under the guidance of scientific committees in the respective scientific departments.

In its second edition, this guide includes a description of the academic program after updating vocabulary and paragraphs updated in the previous guide to reflect the latest developments in the educational system in Iraq. It included a description of adopting the academic program in its traditional form (annual, quarterly), along with the program description. The academic circulated according to the Department of Studies T.M. 3/2906 letter on 3/5/2023 regarding Programs that rely on the Bologna Process as a basis for their work. In this area, we can only emphasize the importance of writing descriptions of academic programs and courses to ensure the smooth running of the educational process.

Concepts and Terms:

Description of The Academic Program: The description of the academic program provides a summary of its vision, mission and objectives, including an accurate description of the targeted learning outcomes according to specific learning strategies.

Syllabus Description: Provides a necessary summary of the most important characteristics of the syllabus and the learning outcomes expected of the student to achieve, demonstrating whether he or she has made the most of the learning opportunities available. It is a gallows, according to the program description.

Program Vision: An ambitious picture for the future of the academic program to be a developed, inspiring, motivating, realistic and applicable program.

Program Message: The goals and activities necessary to achieve them briefly. It also defines the program's development paths.

Program Objectives: These are statements that describe what the academic program intends to achieve within a specific period and are measurable and observable.

Program Structure: all courses and study subjects included in the academic program according to the approved learning system (semester, annual, Bologna track), whether you are required (ministry, university, college, or scientific department), along with the number of study units.

Learning Outputs: a consistent set of knowledge, skills, and values that the student has acquired after completing the academic program. We must determine the learning outcomes for each course in a manner that aligns with the program objectives.

Teaching and Learning Strategies: They are the strategies used by the faculty member to develop the student's teaching and learning, and they are plans that are followed to reach the learning goals. That is, it describes all classroom and extracurricular activities to achieve the learning outcomes of **Scientific Department:** Theoretical Sciences

Academic program description forms for Weightlifting

University name: Diyala University

College/Institute: College of Physical Education and Sports Sciences

Scientific Department: Individuals games Branch

Name of the academic or professional program: **Bachelor of Physical Education and Sports Sciences.**

Name of final degree: **Bachelor's in Physical Education and Sports Sciences.**

School system. annual

Description preparation date: March 25, 2024

Date of filling the file: March 25, 2024

Signature: 

Name of the branch head: Prof. Dr. Firdous Majeed Ameen


Signature 

Name of the scientific assistant: Prof. Dr. Muhammad Walid Shihab

Date: Date:

Check the file by:

Division of Quality Assurance and University Performance

Name of the Director of the Quality Assurance and University Performance Division:
Prof. Dr. Hanan Adnan Abaoub 

the date:

the signature:



The Dean Authentication

<ul style="list-style-type: none"> • Program's Vision
Remember to see the program as stated in the university bulletin and website.
Diyala University seeks scientific leadership, excellence, and creativity in the fields of higher education and scientific research to serve the community and enhance its local, regional, and international standing to reach the highest levels of quality and international accreditation.

<ul style="list-style-type: none"> • Program Message
Remember the program's message, as stated in the university's bulletin and website.
Providing effective academic university education through the continuous development of academic programs in many specializations in light of the requirements of development plans to serve the labor market and contribute to promoting sustainable development.

<ul style="list-style-type: none"> • Program Aims
General statements that describe what the program or institution intends to achieve
<ol style="list-style-type: none"> 1. Building a distinguished educational institution within international standards that meets the requirements of the local, regional, and international community is under the direction of the Ministry of Higher Education and Scientific Research. 2. Creating a stimulating environment for teaching, learning, and creativity by developing and updating scientific curricula and training and evaluation methods to keep pace with the requirements of the labour market. 3. Keeping pace with technological development in the fields of blended e-learning and developing educational and academic programs to adapt university students and teaching staff.

4- Program Accreditation
Does the program have program accreditation? From which side? No

5- Other External Influences
Is there a sponsor for the program? No

6- Program structure				
Program Structure	Number of Courses	Study Unit	Percentage	Notes*
Institution requirements	1	4		basic
College requirements				
Department requirements				
summer training				
Other				

- It can include notes on whether the course is basic or optional.

7- Program Description				
Year/level	Course or course code	Name of the course or course	Credit hours	
2023- 2024		Artistic gymnastics	Theoretical	Practical
			√	√

8- Expected learning outcomes of the program	
Knowledge	
learning outputs1	Data of learning outputs1
Enabling students to obtain the knowledge required to understand mathematical theories and laws. Helping students to know the relationship between the program and its academic elements (courses or subjects) with the awarded certificate and future job qualifications.	Highlighting the student's personality in a way that develops him.
Helping students to know the teaching and learning methods that help them achieve the targeted learning outcomes in the theoretical section.	-Increasing the student's self-confidence. -Highlighting the hidden talents of the student
A3- That the student be able to perform and practically apply all individual and group games	-Highlighting teamwork with students
Skills	
Learning Outputs 2	Data of Learning Outputs 2
Helping students apply the theoretical and practical subjects they have learned inside and outside the university setting	Developing students through the skillful performance of the practical games included in the program
Learning Outputs 3	Data of Learning Outputs 3
Helping students apply their ideas and skills inside and outside the university framework.	Increasing communication between individuals contributes to building a learning community.
Value	
Learning Outputs 4	Data of results Learning 4
Developing cooperation and brotherhood and developing the spirit of determination among students.	Learn how to set the right priority for any problem.
Learning Outputs 5	Data of results Learning 5
-self-evaluation. -Leadership evaluation- Appreciating the efforts of scientists	Developing respect for time and time in completing and implementing work. Developing the spirit of fair competition among work groups in pursuit of quality work, excellence, and diversity in performance.

9-Teaching and learning Strategy

Strategies teaching and learning strategies and methods adopted in implementing the program in general,

- cooperative education strategy
- Learning strategy through improvisation games.
- Teaching strategy and brainstorming.
- Panorama education strategy.
- Education strategy collaborative concept planning.
- Teaching strategy is a one-minute paper.
- Real-time feedback strategy education
- Teaching strategy notes series.9
- Mind-mapping education strategy
- Modeling learning strategy :

It is known as social learning, in which the individual acquires and learns responses as well as new behavioral patterns within a social setting or situation through observation or attention. Generally, it is an educational approach that employs experiments, methods, and models to explain concepts.

10-Evaluation methods

Implementing it in all stages of the program in general.

- Written tests - Oral tests - Daily tests

The college has relied on clear, high-quality evaluation methods and tools for student learning to maintain the quality of the graduates and the academic reputation of the college. This is embodied in the university's regulations and the requirements for continuous evaluation of students provided that there are several types of evaluation methods to ensure the quality of the graduate, which constitutes the outcome of the educational process, and the most important methods of evaluation are:

A - Objective tests measure knowledge of facts, comprehend them, apply scientific knowledge in new situations, and measure remembering through the following:

- True and false questions.
- Multiple-choice questions.
- Interview questions (matching items).
- completion questions.

B- Practical tests concern the following matters:

- The ability to perform motor and skill sports (basketball, gymnastics, handball, etc.)
- mathematical understanding of scientific and practical material, playing laws and principles.

- The ability to recall, link, and interpret.
- Apply knowledge in a simple way to interpret data,

C- Diagnosis and problem solving.

It is done through the following :

Connection test/open questions

-questions that have a specific answer which is based on motivating the student with questions that do not have a specific answer .

- possessing the skill of organization.
- possessing the skill of arranging ideas.
- Avoid fraud and confront it.

Scientific Rank	Specialization		Special Requirements/ skills (if any)	اعداد الهيئة التدريسية	
	General	Expert		permanent	Lecturer
Assistant Professor					
Professor phd	Physical education and sports sciences	Artistic gymnastics students		√	

Professional Development

Orienting new faculty members

Briefly classifies the process to orient new, visiting, full-time, and part-time faculty at the institution and department levels.

Professional development for members of the teaching profession

Briefly describe the academic and professional development plan and arrangements for faculty members such as teaching and learning strategies, assessment of learning outcomes, professional development, etc.

12 - Acceptance criterion

Establishing regulations related to enrollment in the college or institute, whether central admission or others mentioned

- The average of students in the sixth year (preparatory, vocational), through which admission to the university level takes place.

The Most Important Information's Sources About The Program

Remember briefly

The curriculum is approved by the Ministry of Higher Education and Scientific

Research and its guidelines.

- Decisions and recommendations of scientific committees in physical education and sports sciences
- Courses in teaching methods.
- Description of courses.
- Courses in civil society organizations.
- Conferences, seminars, workshops and panel discussions.
- Relevant state institutions.
- Graduates Unit
- Internet searches for similar experiences.
- Personal experiences.

- Scientific sources approved within the curriculum for the stage in which education takes place
- The curriculum approved by the Ministry and unified for all colleges of physical education in Iraq.
- The rules of the Olympic Games are taught by a specialist teacher in the game.
- Equipping colleges with practical laboratories, halls, and playgrounds for the subjects taught.

14- Program Development Plan The Program

- Works to develop the student's academic personality in a manner commensurate with the ambitions of the modern state.
- Highlighting the strengths of students in a way that allows them to form a leadership personality in the future.
- Extracting the student's hidden talents to develop his field of work and raise the level of education.- Modern scientific sources and the latest scientific research are periodically reviewed, through which the prescribed curriculum is developed.
- Combine the theoretical and practical material to develop the curriculum.

Program Skills Chart																
Learning outcomes required from the program												Essential or ?optional	Course name	Course Sample	Year /level	
Value				Skills				Knowledge								
4c	3c	2c	1c	4b	3b	2b	1b	a	a	a	a					
√	√	√	√	√	√	√	√	√	√	√	√	√	Essential	Artistic Gymnastic		2023-2024

Please check the boxes corresponding to the individual learning outcomes of the program subject to evaluation.

Course Description Form

1. Name of the artistic gymnastics course	
2. Artistic gymnastics course code	
3. Semester/Year: Annual	
4. The date this description was prepared is 25/2/2024	
5. Available forms of attendance: 4 hours per week and daily attendance	
6. Number of study hours (total) / Number of units (total) 120 hours / 120 units	
7. Name of the course administrator (if more than one name is mentioned)	
1- Assist. Prof. Riyad Abdel Reda Farhan PhD, Head of the scientific group 2- Assist. Prof. Asad Khudair Abbas PhD 3- Assist. Prof. Zaidoun Salah Rahim PhD 4- Assist. Prof. Mahdi Hussein 5- M.M. Arkan Taha Ismail	
1. Course objectives	
Objectives of the academic subject	<ul style="list-style-type: none"> ● Helping students to know the assessment and evaluation methods used to ensure that students obtain the targeted learning outcomes. ● Learn about the importance of applying and learning skills in gymnastics ● Learn about the scientific foundations, scientific specifications, and how to apply the skills
2. Teaching And Learning Strategies	
Strategies	-1Activating the learner’s role in educational situations -2Motivating learners to generate creative ideas about a specific topic, by searching for correct answers, or possible solutions to the issues presented to them. -3Students are accustomed to respecting and appreciating the opinions of others 4- Students are accustomed to benefiting from the ideas of others, by developing and building on them and learning skills specific to gymnastics

-1-Course Structure (tests and measurement)

Week	Credits	Required learning outcomes	Units Name /Or Subject	Way of Teaching	Evaluation method
First	4	Muscle stretching and conditioning exercise		Presentation / Solve problems	Written and oral exams
Second	4	Physical preparation exercises (flexibility exercises - exercises		Presentation / Solve problems	Written and oral exams
Third	4	Explaining the skill of forward and backward rolling		Presentation / Solve problems	Written and oral exams
Fourth	4	Explaining the skill of standing on the hands on the floor movements mat		Presentation / Solve problems	Written and oral exams / Practical
Fifth	4	Explaining the advantages of gymnastics		-----	Written and oral exams / Practical
Sixth	4	Explanation of the jumping skill			Written and oral exams / Practical
Seven		First-month exam			Written and oral exams / Practical

Eighth	4	General foundations of movements in gymnastics		----	Written and oral exams
Ninth	4	Explanation of the skill of the back raise on the horizontal bar		-----	Written and oral exams
Tenth	4	Explanation of the weighted parallel device			Written and oral exams
Eleventh	4	Scientific foundations of tests			Written and oral exams
Twelfth	4	Explanation of force movements			Written and oral exams
Thirteenth	4	Second month exam			Written and oral exams
Fourteenth	4	Explanation of the skill of swinging the horizontal bar			Written and oral exams
Fifteen	4	A simple setup and reset exercise on the device		----	Written and oral exams
Sixteenth	4	simple setup and reset exercise on the devices			Written and oral exams
Seventeenth	4	Weighted movements			Written and oral exams
Eighteenth	4	Explaining the skill of standing on parallel shoulders			Written and oral exams
Nineteenth	4	First-month exam			Oral-practical
Twentieth	4	Explaining the skill of swinging on a pommel horse			Written and oral exams
Twenty-firsts	4	Explanation of weighted sections		----	Written and oral exams
Twenty-	4	Explaining the skill of standing			Written and oral exams

seconds					
Twenty-Thirds	4	Inverted on the throat device			Written and oral exams
Twenty-fourteenth	4	Explaining the skill of entering and exiting the legs on a pommel horse			Exams
Twenty-Fifteenth	4	Second month exam			Oral exams
Twenty-sixteenth	4	Explaining the skill of swinging on the throat			Oral exams
Twenty-seventeenth	4	Explaining the skill of standing upside down on the throat			Oral exams
Twenty-eighteenth	4	A review of the kinematic chains on devices		-----	-----
Twenty-nineteenth	4	Review of the article (comprehensive)		-----	-----
Thirtieth	----	Comprehensive practical exam		----	-----

11- Course evaluation	
Distribution of the score out of 100 according to the tasks assigned to the student, such as daily preparation, daily, oral, monthly, written exams, reports, etc.	
The first course is 25, the second course is 25, and the final exam is 50	
Artistic gymnastics for second-stage students	12- Resources for learning and teaching
International law of gymnastics	Required textbooks (methodology, if any)
	Main references (sources)
	Recommended supporting books and references (scientific journals, reports...)