

Ministry of Higher Education and Scientific Research
Scientific supervision and evaluation device
Department of Quality Assurance and Academic Accreditation
Accreditation Department



Academic program description guide

2024

Introduction:

The educational program is considered a coordinated and organized package of academic courses that includes procedures and experiences organized in the form of academic vocabulary, the main purpose of which is to build and refine the skills of graduates, making them qualified to meet the requirements of the labor market. It is reviewed and evaluated annually through internal or external audit procedures and programs such as the external examiner program.

The description of the academic program provides a brief summary of the main features of the program and its courses, indicating the skills that are being worked on to acquire the students, based on the objectives of the academic program. The importance of this description is evident because it represents the cornerstone of obtaining program accreditation, and the teaching staff participates in writing it under the supervision of the scientific committees in the scientific departments.

This guide, in its second edition, includes a description of the academic program after updating the vocabulary and paragraphs of the previous guide in light of the latest developments in the educational system in Iraq, which included a description of the academic program in its traditional form (annual, quarterly), in addition to adopting the description of the academic program circulated according to the book of the Department of Studies, M. 3/ 2906 on 5/3/2023 regarding programs that adopt the Bologna Process as a basis for their work. In this area, we can only emphasize the importance of writing descriptions of academic programs and courses to ensure the smooth conduct of the educational process.

Concepts and terminology:

Description of the academic program: The description of the academic program provides a brief summary of its vision, mission and objectives, including an accurate

description of the targeted learning outcomes according to specific learning strategies.

Course Description: Provides a necessary summary of the most important characteristics of the course and the learning outcomes expected of the student to achieve, demonstrating whether he or she has made the most of the learning opportunities available. It is derived from the program description.

Program Vision: An ambitious picture for the future of the academic program to be a developed, inspiring, motivating, realistic and applicable program.

Program mission: The goals and activities necessary to achieve them in a brief way. It also defines the program's development paths

Program objectives: These are statements that describe what the academic program intends to achieve within a specific period of time and are measurable and observable.

Program structure: All courses/study subjects included in the academic program according to the approved learning system (semester, annual, Bologna track), whether you are required (ministry, university, college, or scientific department), along with the number of study units.

Learning outcomes: A consistent set of knowledge, skills, and values that the student has acquired after successfully completing the academic program. The learning outcomes for each course must be determined in a way that achieves the program objectives.

Teaching and learning strategies: They are the strategies used by the faculty member to develop the student's teaching and learning, and they are plans that are followed to reach the learning goals. That is, it describes all curricular and extracurricular activities to achieve the learning outcomes of the program.

Academic program description form

University name: Diyala University

College/Institute: College of Physical Education and Sports Sciences

Scientific Department: Theoretical Sciences Branch

Name of the academic or professional program: Bachelor of Physical Education and Sports Sciences.....

Name of final degree: Bachelor's in Physical Education and Sports Sciences..... ..

School system. annual

Description preparation date: 2/25/2024

Date of filling the file: 2/25/2024

Signature Signature:

Name of the branch head: Prof. assistant:

Dr. Naseer Qasim Khalaf. Prof. Shehab

Name of the scientific

Dr. Muhammad Walid

Date: Date: ٢٠٢٤/٢/٢٥

Check the file here before

Division of Quality Assurance and University Performance

Name of the Director of the Quality Assurance and University Performance Division: Prof. Dr. Hanan Adnan Abaoub

the date ٢٠٢٤/٢/٢٥

the signature

Hanan Adnan Abaoub
H.A. H+

Program Description (Sports Psychology)

This academic program description provides a necessary summary of the most important characteristics of the program and the learning outcomes of sports psychology that the student is expected to achieve, demonstrating whether he has made the most of the available opportunities. It is accompanied by a description of each course within the program

The vision of the program - 1

Diyala University seeks scientific leadership, excellence and creativity in the fields of higher education and scientific research to serve the community and enhance its local, regional and international standing to .reach the highest levels of quality and international accreditation

Program message - 2

Providing effective academic university education through continuous development of academic programs in many specializations in light of the requirements of development plans to serve the labor market and .contribute to promoting sustainable development

Program objectives -3

1. Building a distinguished educational institution within international standards that meets the requirements of the local, regional and international community in accordance with the directions of the .Ministry of Higher Education and Scientific Research
2. Creating a stimulating environment for teaching, learning and creativity by developing and updating scientific curricula and training and evaluation methods to keep pace with the requirements of the .labor market
3. Keeping pace with technological development in the fields of blended e-learning and developing educational and academic programs to adapt university students and teaching staff
4. Helping students to know what sports psychology is, which helps them achieve the targeted psychology outcomes in the field of teaching and training

5. Helping students to know the importance of sports psychology for the student, the player, and scientific research
6. Helping students learn how to prepare psychological and counseling studies for students and players

Program accreditation -4

Does the program have program accreditation? From which side ? no

Other external influences -5

Is there a sponsor for the program ? no

Program structure -6				
* comments	percentage	Study unit	Number of courses	Program structure
Basic		2	1	Enterprise requirements
frequent exams to improve the student's level				College requirements
Student grades for the two semesters				Department requirements
Following up on students and making multiple visits to their schools				Application
Follow up on graduation research for students within the specialty				Other

We can include notes on whether the course is core or elective

The expected learning outcomes of the program - 7	
Knowledge	
Statement of learning outcomes 1	Learning outcomes 1
Highlighting the student's personality in a way that develops him	Enabling students to obtain the knowledge - required to understand theories and training methods and helping students to know the relationship of the program and its academic elements (courses or subjects) with the awarded certificate and future job
. Increasing the student's self-confidence - Highlighting the hidden talents of the - student	Helping students to know the methods of - teaching and learning that help them achieve the targeted learning outcomes in the theoretical section
Highlighting students' teamwork-	That the student be able to perform and - practically apply all individual and group games
Skills	
Statement of learning outcomes 2	Learning outcomes 2
Developing students in the skillful performance of the practical games included in the program	Helping students apply the theoretical and practical subjects they have learned inside and outside the university setting
Increasing communication between individuals, which contributes to building a learning community	Helping students apply their ideas and talents .inside and outside the university setting
Value	
Statement of learning outcomes 3	Learning outcomes 3

Learn to set the right priorities for any problem	Developing cooperation and brotherhood and developing the spirit of determination among students
	Rating
Statement of learning outcomes 4	Learning outcomes 4
Developing respect for time and time in completing and implementing work. Developing the spirit of fair competition among work groups in pursuit of quality work, excellence and diversity in .performance	self evaluation . - Leadership evaluation . - Appreciating the efforts of scientists
	Outputs of sports psychology -8

A- Cognitive goals

Helping students to learn the basics of sports psychology, which helps them achieve - the outcomes of this subject
 .Helping students to know their rights and duties -
 Helping students to know the relationship of the program and its academic elements (- .courses or subjects) with the awarded certificate and future job qualifications
 . Providing students with full knowledge of the basics of psychological variables -

B - Educational objectives

Helping students apply what they have learned from theoretical subjects outside the - .university setting
 Giving students a love of cooperation, respect, and not violating the rights and - freedoms of others in the environment in which they live
 Guiding the love of cooperation and brotherhood among themselves-

. C- Emotional and value goals

Self-denial -
 Participation in community service through work and participation in civil society - institutions
 Instilling leadership qualities in students-
 Instilling a spirit of brotherhood and love among students-

D - General and qualifying skills that are transferred

.Other skills related to employability and personal development -
 Highlighting the student's personality in a way that works to develop him -

.Increasing the student's self-confidence -

Discovering personal abilities capable of defending the rights of others in all areas of -
life

Creating a leadership personality capable of managing the classroom in a way that -
.qualifies him to create a generation endowed with sports skills, morals, and discipline

9- Planning for personal development

- The program works to develop the student's academic personality in a manner commensurate with the ambitions of the modern state
- Highlighting the strengths of students in a way that allows them to form a leadership personality in the future

Evaluation methods - 10

- Written tests - Oral tests - Electronic tests - Daily tests

The college has relied on clear, high-quality evaluation methods and tools for student learning in order to maintain the quality of the graduate and the academic reputation of the college. This is embodied in the university's regulations and the requirements for continuous evaluation of students, provided that there are several types of evaluation methods in order to ensure the quality of The quality of the graduate, which constitutes the final outcome of the educational process , and the most important methods of evaluation**are:**

A - Objective tests to measure knowledge of facts, comprehend them, apply scientific knowledge in new situations, and measure remembering, through :the following

- True and false questions.
- Multiple choice questions.
- Interview questions(**matching items**).
- **Completion** . questions
- The ability to recall, link and interpret.
- Apply knowledge in a simple way to interpret data ◊
- Diagnosis and problem solving.

It is done through the following:-

Connection test / open questions-

- Questions that have a specific answer.
- Which is based on motivating the student with questions that do not have a specific answer.
- Possessing the skill in organization.
- Having the skill in arranging ideas.
- Avoid fraud and confront it.

The most important sources of information about the - 11 program

- Scientific sources approved within the curriculum for the stage in which education takes place

The curriculum approved by the Ministry of Higher Education and Scientific Research and its guidelines

Decisions and recommendations of scientific committees in physical education and sports sciences •

. Courses in teaching methods •

. Description of courses •

. Courses in civil society organizations •

. Conferences, seminars, workshops and panel discussions •

. Relevant state institutions •

Graduates Unit •

. Internet searches for similar experiences •

. Personal experiences •

Program development plan - 2 1

The program works to develop the student's academic personality in a way that is compatible with the ambitions of the modern state . -

Highlighting the strengths of students in a way that allows them to form a leadership personality in the future . - Extracting the student's

hidden talents to develop his field of work and raise the level of . education

Modern scientific sources and the latest scientific research are periodically -
 The theoretical reviewed through which the prescribed curriculum is developed. -
 .and practical material is combined to develop the curriculum

Program skills chart the public -13															
Learning outcomes required from the programme															
Rating		Value		Skills				Knowledge			Essen tial or option al	Course Name	Cou rse Cod e	Year / level	
	1		1			2	1		3	2	1				2023
	√		√			√	√		√	√	√	Basic	Sports psycho logy		- 2024

Program skills chart The special -4 1																	
Required learning outcomes of sports psychology																	
Qualification skills				A sentim ental goalsc orer		Educational goals				General goals				Essen tial or option al	Course Name	Cou rse Cod e	Year / level
	4	3	2	1		1	4	3	2	1	4	3	2	1			

5 √	√	√	√	√		√	√	√	√	√		√	√	√	Basic	Sports psycho logy		2023 - 2024
--------	---	---	---	---	--	---	---	---	---	---	--	---	---	---	-------	--------------------------	--	-------------------

Describe the course - 15

1. Course name: Sports Psychology / Fourth stage	
2. Course Code	
3. Semester / Year : Annually	
4. The date this description was prepared is 3/11/2024	
5. Available forms of attendance : 2 hours per week and daily attendance	
6. Number of study hours (total) / number of units (total) 60 hours / 60 units	
7. Name of the course administrator (if more than one name is mentioned)	
A. Dr. Alaa Zuhair Mustafa, head of the scientific group - 1 Prof. Dr Left Sabih Jassim - 2 Prof. Dr Firas Abdel Moneim - 3 Prof. Dr Senaria Jabbar - 4 Prof. Dr. Muslim, according to God -5 A.M.D Abdul Razzaq -6	
Objectives of the course -16	
<ul style="list-style-type: none"> ● Helping students to know the variables of sports psychology - to ensure that students obtain the targeted learning outcomes ● Recognizing the importance of sports psychology and its relationship to guidance, diagnosis, classification, and scientific research ● Identify the scientific foundations for building and implementing guidance programs ● Identify the best ways and methods to develop the personal qualities of the teacher and student 	Objectives of the study subject

Course Structure (Sports Psychology) .7 1

Evaluation method	Teaching method	Name of the unit/topic	Required learning outcomes	hours	the week
Oral	lecture	Definition of sports psychology and sports psychology	Sports psychology	2	the first
Oral	lecture	Fields of sports psychology Sports psychology tasks	Sports psychology	2	the second
Oral	lecture	Learning and motor ·learning ·learning necessities ·learning steps learning theories	Sports psychology	2	the third
Oral	lecture	Reinforcement or reinforcement in learning, motor ·learning remembering and forgetting	Sports psychology	2	the fourth
Oral	lecture	Exercise times are divided into intellectual exercises in motor learning and specificity in motor learning	Sports psychology	2	Fifth
Oral	lecture	Personality Components of Personality Components of Personality	Sports psychology	2	VI
Oral	lecture	the exam	Sports psychology	2	Seventh
Oral	lecture	Personality measures : Developing personal traits through sports activity	Sports psychology	2	VIII
Oral	lecture	Incentives, motives, and needs Purposes of .motivation Sources of motivation	Sports psychology	2	Ninth

Oral	lecture	Formation of motives types and classification of motives	Sports psychology	2	The tenth
		First semester exam	Sports psychology	2	eleventh
Oral	lecture	Ways to use needs in sports motivation	Sports psychology	2	twelveth
Oral	lecture	Psychological trend trend concept trend components trend theories	Sports psychology	2	Thirteenth
Oral	lecture	Configure and change trends Measure trend	Sports psychology	2	Thirteenth
Oral	lecture lecture	Exam Ability and talent in the physical :education lesson aptitude and natural inclination for sports, aptitude and talent	Sports psychology Sports psychology	2	fourteenth Fifteenth
Oral	lecture	Mental processes in :sports activity attention sensation and perception	Sports psychology	2	sixteen
Oral	lecture	Intelligence the concept of intelligence in physical education and high-level sports measuring intelligence	Sports psychology	2	seventeenth
Oral	lecture	Students with weak levels (their characteristics and how to deal with them)	Sports psychology	2	eighteen
Oral	lecture	Social factors affecting the sporting level the concept of the group	Sports psychology	2	nineteenth

		and the types of group			
Oral	lecture	Group cohesion and fragmentation social factors in the physical education lesson	Sports psychology	2	The twentieth
Oral	lecture	Exam	Sports psychology	2	21st
Oral	lecture	Fear and anxiety types of anxiety levels of anxiety effects of anxiety in the sports field	Sports psychology	2	twenty tow
Oral	lecture	Psychological trauma the concept of psychological trauma types of psychological trauma effects of psychological trauma how to deal with an athlete who is exposed to psychological trauma	Sports psychology	2	twenty third
Oral	lecture	Courage and audacity general concepts courage and audacity in physical education developing the spirit of courage	Sports psychology	2	twenty fourth
Oral	lecture	Psychological problems in racing cases before the start	Sports psychology	2	25th
Oral	lecture	Long-term psychological preparation and short-term psychological preparation	Sports psychology	2	twenty-sixth
Oral	lecture	Success and failure experiences Components of	Sports psychology	2	27th

		success and failure experiences The importance of success and failure experiences The level of ambition			
Oral	lecture	Exam	Sports psychology	2	Twenty-eighth
Oral	lecture		Sports psychology	2	XXIX
Oral				2	thirty
Editorial	----- -		Second semester exam	2	Thirty-first

Infrastructure -18

- Sports psychology	Required prescribed books -1
- Sports psychology	Main references (sources) -2
Theses , dissertations , and published research - authored books that include the same vocabulary in psychology	Recommended books and references (scientific journals, (...reports
The Internet - electronic references related to psychology	B - Electronic references, ...Internet sites

19- Course development plan

- Modern scientific sources and the latest scientific research are reviewed periodically, through which the prescribed curriculum is developed