

**Ministry of Higher Education of Sciences  
Scientific Supervision and Evaluation Device  
Department of Quality Assurance and Academic Accreditation  
Accreditation Department**



# **Academic Program Description Guide**

**2024**

**Introduction:**

The educational program is considered a coordinated and organized package of courses that includes procedures and experiences organized into an academic vocabulary. The main purpose is to build and refine skills for graduates to meet the requirements of the labor market, which could be reviewed and evaluated annually by internal or external audit procedures programs such as the external examiner program. The academic program description provides a summary of the main features of the program and its courses. Students' skills that they are working on acquiring are based on the objectives of the academic program and are evident. This description plays a crucial role in securing the accreditation program, enabling the teaching staff to participate in writing under the guidance of scientific committees in the respective scientific departments.

In its second edition, this guide includes a description of the academic program after updating vocabulary and paragraphs updated in the previous guide to reflect the latest developments in the educational system in Iraq. It included a description of adopting the academic program in its traditional form (annual, quarterly), along with the program description. The academic circulated according to the Department of Studies T.M. 3/2906 letter on 3/5/2023 regarding Programs that rely on the Bologna Process as a basis for their work. In this area, we can only emphasize the importance of writing descriptions of academic programs and courses to ensure the smooth running of the educational process.

### **Concepts and Terms:**

**Description of The Academic Program:** The description of the academic program provides a summary of its vision, mission and objectives, including an accurate description of the targeted learning outcomes according to specific learning strategies.

**Syllabus Description:** Provides a necessary summary of the most important characteristics of the syllabus and the learning outcomes expected of the student to achieve, demonstrating whether he or she has made the most of the learning opportunities available. It is a gallows, according to the program description.

**Program Vision:** An ambitious picture for the future of the academic program to be a developed, inspiring, motivating, realistic and applicable program.

**Program Message:** The goals and activities necessary to achieve them briefly. It also defines the program's development paths.

**Program Objectives:** These are statements that describe what the academic program intends to achieve within a specific period and are measurable and observable.

**Program Structure:** all courses and study subjects included in the academic program according to the approved learning system (semester, annual, Bologna track), whether you are required (ministry, university, college, or scientific department), along with the number of study units.

**Learning Outputs:** a consistent set of knowledge, skills, and values that the student has acquired after completing the academic program. We must determine the learning outcomes for each course in a manner that aligns with the program objectives.

**Teaching and Learning Strategies:** They are the strategies used by the faculty member to develop the student's teaching and learning, and they are plans that are followed to reach the learning goals. That is, it describes all classroom and extracurricular activities to achieve the learning outcomes of the program.

**Academic program description forms for Weightlifting**

University name: Diyala University

College/Institute: College of Physical Education and Sports Sciences

Scientific Department: Individuals games Branch

Name of the academic or professional program: **Bachelor of Physical Education and Sports Sciences.**

Name of final degree: **Bachelor's in Physical Education and Sports Sciences.**

School system. annual

Description preparation date: March 25, 2024

Date of filling the file: March 25, 2024

Signature:



Name of the branch head: Prof. Dr. Firdous Majeed Ameen

Signature



Name of the scientific assistant: Prof. Dr. Muhammad Walid Shihab

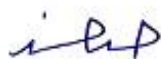
Date: Date:

Check the file by:

Division of Quality Assurance and University Performance

Name of the Director of the Quality Assurance and University Performance Division:

Prof. Dr. Hanan Adnan Abaoub



the date:

the signature:



**The Dean Authentication**

## Description formthe programAcademic

Reviewing the performance of higher education institutions  
((academic program review))

### Description of the academic program

College of Physical Education and Sports Sciences	Educational .1 institution
Individual games	University .2 department/cent er
Evaluate the academic program	Name of the .3 academic program
Bachelor's	Name of the final .4 certificate
annual	School system.5
	Accredited .6 accreditation program
nothing	Other external .7 influences
12/10/2023	Date the .8 description was prepared
Objectives of the academic program .9	

Helping students to know the methods of teaching and learning that help them achieve the targeted learning outcomes in both the theoretical and applied stages.	-
Helping students to know the assessment methods used to ensure that students achieve the targeted learning outcomes	-
Helping students to know the relationship of the program and its academic elements (courses or subjects) with the awarded certificate and future job qualifications.	-
The description of the academic program serves as a source of information for employers about the quality of graduates of the scientific department in terms of the type of skills and capabilities they possess.	-
Helping students to know the methods of teaching and learning that help them achieve the targeted learning outcomes in both the theoretical and applied stages.	-
Helping students to know the assessment methods used to ensure that students achieve the targeted learning outcomes	-

Required program outcomes and teaching, learning and evaluation methods	.10
A1- Helping students to know the methods of learning and teaching that help them achieve the targeted learning outcomes in both the theoretical and applied stages.	Cognitive goals -1

A2- Helping students learn the correct technique for basic skills and perform them.

A3- Helping students to know the relationship of the program and its academic elements (courses or subjects) with the awarded certificate and future job qualifications.

A4- Providing students with full knowledge of the vocabulary of international law and the method of arbitration.

B - The program's skill objectives

B1 - Helping students apply the practical materials they have learned within the university setting.

B2 - Helping students apply what they have learned from theoretical subjects outside the university setting.

B3 - Providing students with motor skills and methods of teaching them

B4- Providing students with the skills of leading the match as coaches or supervisors

Teaching and learning methods

Explanation and clarification-1

Form view-2

Lecture method-3

Self-learning method

Evaluation methods

Practical tests-1

Theoretical tests-2

Reports and studies

	<p style="text-align: center;">C- Thinking skills</p> <p style="text-align: center;">C1- Observation and perception</p> <p style="text-align: center;">C2- Analysis and interpretation</p> <p style="text-align: center;">C3- Conclusion and evaluation</p> <p style="text-align: center;">C4- Preparation and evaluation</p>
	Teaching and learning methods
	Evaluation methods
	Planning for personal development .11
	<p style="text-align: center;">The program works to develop the student's academic - personality in a manner commensurate with the ambitions of the modern state</p> <p style="text-align: center;">Highlighting the strengths of students in a way that allows - them to form a leadership personality in the future</p>
	Admission standard (establishing regulations related to .12 admission to the college or institute)
	<p style="text-align: center;">The average of students in the sixth year of middle school, - through which admission to the university level takes place</p> <p style="text-align: center;">Obtaining one of the advanced positions in local, Arab and - Asian championships (Olympic Committee)</p>
	The most important sources of information about the program .13
	<p style="text-align: center;">Scientific sources approved within the curriculum for the - stage in which the education takes place</p> <p style="text-align: center;">The curriculum approved by the Ministry -</p>



<p>D – General and transferable skills (other skills related to employability and personal development).</p> <p style="text-align: center;">D1– Leadership skills</p> <p style="text-align: center;">D2– Developing physical fitness</p> <p style="text-align: center;">D3– Acquiring the capabilities of coordination and high–quality motor performance</p> <p style="text-align: center;">D4– The ability to analyze, evaluate and develop motor performance</p>				
Teaching and learning methods				
Explanation and clarification 1–				
Form view 2–				
Lecture method 3–				
Self–learning method 4–				
Evaluation methods				
Practical tests 1–				
Theoretical tests 2–				
Reports and studies 3–				
		Program structure .14		
Certificates and .15 credit hours	Credit hours	Name of the course or course	Course or course code	Level/ye ar
Bachelor's degree Requires (30) credit hours	2 hours 1 unit	thewrestlin g		Annual / th

Planning for personal development .16

Teamwork: Working within the group effectively and actively. -أ

Time management: Managing time effectively and setting priorities with the ability to work organized by appointments. -ب

Leadership: The ability to direct and motivate others. -ت

Independence at work. -ث

Admission standard (establishing regulations related to admission to the college or institute) .17

Special admission/ (70%) average, (30%) physical and skill tests.

The most important sources of information about the program .18

**Sports training books, wrestling training books, and the Internet were** So

## Curriculum skills chart

Please check the boxes corresponding to the individual learning outcomes from the program subject to evaluation

Learning outcomes required from the programme

Learning outcomes required from the programme															Basic Or optional	Course Name	Course Code	Year/2 016 level
General and transferable skills (or) Other skills related to employability and personal development				thinking skills				Subject-specific skills				Knowledge and understanding						
D4	D 3	D 2	D 1	C 4	C 3	C 2	C 1	B 4	B 3	B 2	B 1	A 4	A 3	A 2	A1			



## Course description form

Reviewing the performance of higher education institutions  
((academic program review))

### Course description

This course description provides a summary of the most important characteristics of the course and the learning outcomes that the student is expected to achieve, demonstrating whether he or she has made the most of the learning opportunities available. It must be linked to the program description.

<b>the details</b>	<b>the date</b>	<b>T</b>
<b>Ready stance - sitting - bow - grappling from a standing position - how to control an opponent in a sitting position.</b>	<b>The first week</b>	<b>1</b>
<b>The skill of pulling the far arm with both hands from a sitting position.</b>	<b>second week</b>	<b>2</b>
<b>The skill of pulling the nearby arm and knocking the opponent to the ground from a standing position.</b>	<b>the third week</b>	<b>3</b>
<b>Review previous skills.</b>	<b>fourth week</b>	<b>4</b>
<b>A theoretical lecture.</b>	<b>The fifth week</b>	<b>5</b>
<b>The skill of the heart is pulled back by encircling the torso from the top without blocking the hands (Kinda) from the sitting position.</b>	<b>the sixth week</b>	<b>6</b>
<b>The skill of entering from under the armpit and knocking the opponent to the ground from a standing position.</b>	<b>Seventh week</b>	<b>7</b>
<b>Review previous skills.</b>	<b>The eighth week</b>	<b>8</b>
<b>A theoretical lecture.</b>	<b>Week nine</b>	<b>9</b>
<b>Rotation skill by holding the torso (roll) from a sitting position.</b>	<b>The tenth week</b>	<b>10</b>

<b>The skill of throwing from above the back by holding the arm with both hands and placing the knees on the mat (the carrier) from a standing position.</b>	<b>Week eleven</b>	<b>11</b>
<b>Review previous skills.</b>	<b>The twelfth week</b>	<b>12</b>
<b>Theoretical exam, first semester.</b>	<b>The thirteenth week</b>	<b>13</b>
<b>Practical exam, first semester.</b>	<b>The fourteenth week</b>	<b>14</b>
<b>Practical exam, first semester.</b>	<b>The fifteenth week</b>	<b>15</b>

<b>the details</b>	<b>the date</b>	<b>T</b>
<b>The skill of diving on one leg from a standing position</b>	<b>The first week</b>	<b>1</b>
<b>The skill of diving on both legs from a standing position.</b>	<b>second week</b>	<b>2</b>
<b>Review previous skills.</b>	<b>the third week</b>	<b>3</b>
<b>The skill of flipping on the back is by holding one of the opponent's arms from under the armpit with one hand and pressing on the neck (all of it) from a sitting position.</b>	<b>fourth week</b>	<b>4</b>
<b>Balance skill from a standing position.</b>	<b>The fifth week</b>	<b>5</b>
<b>Review previous skills.</b>	<b>the sixth week</b>	<b>6</b>
<b>A theoretical lecture (the law) in the game of wrestling.</b>	<b>Seventh week</b>	<b>7</b>
<b>The skill of confining the arm around the torso and rotating to pull the opponent to the ground (rodset) from a sitting position.</b>	<b>The eighth week</b>	<b>8</b>
<b>The skill of sideways pulling an opponent and dropping him to the ground from a standing position.</b>	<b>Week nine</b>	<b>9</b>
<b>Review previous skills.</b>	<b>The tenth week</b>	<b>10</b>
<b>Conflict with a colleague + practical arbitration.</b>	<b>Week eleven</b>	<b>11</b>
<b>Conflict with a colleague + practical arbitration.</b>	<b>The twelfth week</b>	<b>12</b>
<b>Theoretical exam, second semester.</b>	<b>The thirteenth week</b>	<b>13</b>
<b>Practical exam, second semester.</b>	<b>The fourteenth week</b>	<b>14</b>

	admissions .1
	Prerequisites
	The smallest number of students
	The largest number of students