

**Ministry of Higher Education and
Scientific Research
Scientific supervision and evaluation
device
Department of Quality Assurance and
Academic
Accreditation
Accreditation Department**



Academic program description guide

2025 – 2026

the introduction:

An educational program is a coordinated and organized package of courses that includes...

It consists of procedures and experiences organized into academic vocabulary, the main purpose of which is to build and refine skills

Graduates, which makes them qualified to meet the requirements of the labor market, are reviewed and evaluated annually via

Internal or external audit procedures and programs such as the external examiner program.

The academic program description provides a brief summary of the main features of the program and its courses

The skills that students are working on acquiring are based on the objectives of the academic program and are evident

The importance of this description is that it represents the cornerstone of obtaining programmatic accreditation and participation

In writing the teaching staff under the supervision of the scientific committees in the scientific departments.

This guide, in its second edition, includes a description of the academic program after updating vocabulary and paragraphs

The previous guide in light of the latest developments in the educational system in Iraq, which included a description

The academic program is in its traditional form (annual, quarterly), in addition to adopting the program description

The academic circulated according to the letter of the Department of Studies T.M. 3/2906 on 5/3/2023 regarding

Programs that rely on the Bologna Process as a basis for their work.

In this area, we can only emphasize the importance of writing descriptions of academic programs and courses

Courses to ensure the smooth running of the educational process.

Concepts and terminology:

Description of the academic program The description of the academic program provides a brief summary of its vision, mission, and objectives, including an accurate description of the targeted learning outcomes according to specific learning strategies.

Course description It provides a necessary summary of the most important characteristics of the course and the learning outcomes expected of the student to achieve, demonstrating whether he has made the most of the available learning opportunities. It is a gallows, according to the program description.

See the program An ambitious picture for the future of the academic program, to be an advanced, inspiring, motivating, realistic, and applicable program.

Program message: The objectives and activities necessary to achieve them in a concise way, and it also determines the paths of development of the program

Program Goals These are statements that describe what the academic program intends to achieve within a specific period of time and are measurable and observable.

Program structure: All courses/study subjects included in the academic program according to the approved learning system (semester, annual, Bologna track), whether you are required (ministry, university, college, or scientific department), along with the number of study units.

Learning Outcomes: A compatible set of knowledge, skills, and values that the student has acquired after successfully completing the academic program. The learning outcomes for each course must be determined in a way that achieves the program's objectives.

Teaching and learning strategies: They are the strategies used by the faculty member to develop the student's teaching and learning, and they are plans that are followed to reach the learning goals. That is, it describes all classroom and extracurricular activities to achieve the learning outcomes of the programme.

Academic program description form

University name: Diyala University

College/Institute: College of Physical Education and Sports Sciences

Scientific Department: Theoretical Sciences Branch

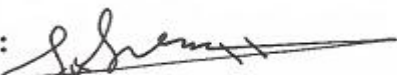
Name of the academic or professional program: Bachelor of Physical Education and Sports Sciences.....

Name of final degree: Bachelor's in Physical Education and Sports Sciences..... ..

School system. annual

Description preparation date: 2/10/2025

Date of filling the file: 2/10/2025

Signature: 

Name of the branch head: Prof. Dr. Ferdous Majeed Ameen

Date: 5/10/2025

Signature:-

Name of the scientific assistant: Prof. Dr. Muhammad Walid Shehab

Date:

Check the file before Division of Quality Assurance and University Performance

Name of the Director of the Quality Assurance and University

Performance Division: Assit.Prof. Dr. Riyadh Abdul Redha Farhan

the date: 7/10/2025

the signature:



Authentication of the Dean



1 - The vision of the program
Remember to see the program as stated in the university bulletin and website.
Diyala University seeks scientific leadership, excellence and creativity in the fields of higher education and scientific research to serve the community and enhance its local, regional and international standing to reach the highest levels of quality and international accreditation.

2- Program message
State the program's mission as stated in the university's bulletin and website.
Providing effective academic university education through continuous development of academic programs in many specializations in light of the requirements of development plans to serveThe labor market and contributes to promoting sustainable development

3- Program objectives
General statements that describe what the program or institution intends to achieve.
1. Building a distinguished educational institution within international standards that meets the requirements of the local, regional and international community in accordance with the directions of the Ministry of Higher Education and Scientific Research. 2. Creating a stimulating environment for teaching, learning and creativity by developing and updating scientific curricula and training and evaluation methods to keep pace with the requirements of the labor market. 3. Keeping pace with technological development in the fields of blended e-learning and developing educational and academic programs to adapt university students and teaching staff

4- Program accreditation
Does the program have program accreditation? From which side? both

5- Other external influences
Is there a sponsor for the program? both

6- Program structure				
comments*	percentage	Study unit	Number of courses	Program structure
Basic		2	1	Enterprise requirements
				College requirements
				Department requirements
				summer training
				Other

* We can include notes on whether the course is core or elective

7- Program description				
Credit hours		Name of the course or course	Course or course code	Year/level
practical	theoretical	Tests and measurement		2023- 2024
√	√			

8 - Expected learning outcomes of the program	
Knowledge	
Statement of learning outcomes 1	Learning outcomes 1
Highlighting the student's personality in a way that develops him	a1-Enabling students to obtain the knowledge required to understand mathematical theories and laws Helping students to know the relationship of the program and its academic elements (courses or subjects) with the awarded certificate and future job

	qualifications.
-Increasing the student's self-confidence. -Highlighting the hidden talents of the student	a2-Helping students to know the teaching and learning methods that help them achieve the targeted learning outcomes in the theoretical section
-Highlighting students' teamwork	a3-That the student be able to perform and practically apply all individual and group games
Skills	
Statement of learning outcomes 2	Learning outcomes 2
Developing students in the skillful performance of the practical games included in the program	Helping students apply the theoretical and practical subjects they have learned inside and outside the university setting
Statement of learning outcomes 3	Learning outcomes 3
Increasing communication between individuals, which contributes to building a learning community	Helping students apply their ideas and talents inside and outside the university setting.
Value	
Statement of learning outcomes 4	Learning outcomes 4
Learn to set the right priorities for any problem	Developing cooperation and brotherhood and developing the spirit of determination among students
Statement of learning outcomes 5	Learning outcomes 5
Developing respect for time and time in completing and implementing work. Developing the spirit of fair competition among work groups in pursuit of quality work, excellence and diversity in performance.	self evaluation. -Leadership evaluation. -Appreciating the efforts of scientists

9- Teaching and learning strategies

Teaching and learning strategies and methods adopted in implementing the program in general

Cooperative education strategy.

Learning strategy improvisation games.

Teaching strategy brainstorming.

Panorama education strategy.

Education strategy collaborative concept planning.

Education strategy one minute paper.

Education strategy real-time feedback

Education strategy notes series.

Education strategy mind mapping

Modeling learning strategy It is known as social learning, in which the individual acquires and learns responses and new behavioral patterns in a social setting or situation through observation or attention. In general, it is an explanatory method of education in which experiences are employed as well as methods and models. ..

10- Evaluation methods

Implementing it in all stages of the program in general.

- Written tests - Oral tests - electronic tests - daily tests

The college has relied on clear, high-quality evaluation methods and tools for student learning in order to maintain the quality of the graduate and the college's academic reputation. This is embodied in the university's regulations and the requirements for continuous evaluation of students, provided that there are several types of evaluation methods in order to ensure the quality and The quality of the graduate, which constitutes the final outcome of the educational process, is one of the most important methods of evaluation:

A - Objective tests to measure knowledge of facts, comprehend them, apply scientific knowledge in new situations, and measure remembering, through the following:

- True and false questions.
 - Multiple choice questions.
 - Interview questions (matching items).
 - Completion questions.
- Practical tests concern the following matters:-
The ability to perform motor and skill sports (basketball, volleyball, handball...).
- Sports understanding of scientific and practical material, playing laws and principles.
 - The ability to recall, link and interpret.
 - Apply knowledge in a simple way in interpreting data,
 - Diagnosis and problem solving.
- It is done by the following:-
Connection test/open questions-
- Questions that have a specific answer.
 - Which is based on motivating the student with questions that do not have a specific answer.
 - Possessing the skill in organization.
 - Possessing the skill in arranging ideas.
 - Avoid fraud and confront it.

11- Teaching profession

Faculty members.

Preparing the teaching staff		Special requirements /skills(if any)	Specialization		Scientific rank
lecturer	angel		private	general	
	√		Tests and measurement	Physical education and sports sciences	Mr.

Professional development

Orienting new faculty members

Briefly classifies the process used to orient new, visiting, full-time, and part-time faculty at the institution and department levels.

Professional development for members of the teaching profession

Briefly describe the academic and professional development plan and arrangements for faculty members such as teaching and learning strategies, assessment of learning outcomes, professional development, etc.

12 - Acceptance criterion

Establishing regulations related to enrollment in the college or institute, whether central admission or others mentioned

- The average of students in the sixth year (preparatory, vocational), through which admission to the university level takes place.
- Acceptance by the Olympic Committee (only for champion athletes).
- Raising the College of Physical Education and Sciences' acceptance rate equivalent to the acceptance rate of the Colleges of Engineering and Sciences.

13- The most important sources of information about the program

Remember briefly

The curriculum approved by the Ministry of Higher Education and Scientific Research and its guidelines.

- Decisions and recommendations of scientific committees in physical education and sports sciences
- Courses in teaching methods.
- Description of courses.
- Courses in civil society organizations.
- Conferences, seminars, workshops and panel discussions.
- Relevant state institutions.
- Graduates Unit
- Internet searches for similar experiences.
- Personal experiences.

- Scientific sources approved within the curriculum for the stage in which the education takes place
- The curriculum approved by the Ministry is unified for all colleges of physical education in Iraq.
- The rules of the Olympic Games are taught by a specialist teacher.
- Equipping colleges with practical laboratories, halls, and

playgrounds for the subjects taught.

14- Program development plan

The program works to develop the student's academic personality in a manner commensurate with the ambitions of the modern state. - Highlighting the strengths of students in a way that allows them to form a leadership personality in the future. - Extracting the student's hidden talents to develop his field of work and raise the level of education. - Modern scientific sources and the latest scientific research are reviewed periodically, through which the prescribed curriculum is developed. - Theoretical and practical material are combined to develop the curriculum.

Program skills chart															
Learning outcomes required from the programme															
Value				Skills				Knowledge				Essen tial or optio nal?	Cours e Name	Co ur se Co de	Year/ level
C 4	C 3	C 2	C 1	B4	B3	B2	B 1	A 4	A 3	2 a	A 1				2025- 2026
√	√	√	√	√	√	√	√	√	√	√	√	Basic	Tests and measu remen t		

Please check the boxes corresponding to the individual learning outcomes from the program subject to evaluation

Course description form

1. Course name: Tests and measurement	
2. Course Code	
3. Semester/Year: Annual	
4. The date this description was prepared is 25/2/2026	
5. Available forms of attendance: 2 hours per week and daily attendance	
6. Number of study hours (total) / Number of units (total) 60 hours / 60 units	
7. Name of the course administrator (if more than one name is mentioned)	
1 - Prof. Dr. Jamal Muhammad Shuaib, head of the scientific group 2 – Teacher . Dr . Jalal Kamel Abboud 3 – Teacher . Asisstant. Muhammad Rashid Latif 4 - Lecturer Abdul Karim Ibrahim Jassim	
8. Course objectives	
● - Helping students to know the assessment and evaluation methods used to ensure that students achieve the targeted learning outcomes ● Recognizing the importance of tests and measurement and its relationship to guidance, diagnosis, classification, and scientific research ● Learn about the scientific foundations, scientific specifications,	Objectives of the study subject

and how to apply them to tests and standards	
9. Teaching and learning strategies	
1- Activating the learner's role in educational situations 2- Motivating learners to generate creative ideas about a specific topic, by searching for correct answers, or possible solutions to the issues presented to them. 3- That students become accustomed to respecting and appreciating the opinions of others 4- That students get accustomed to benefiting from the ideas of others, by developing and building on them	strategy

Course structure(Wrestling) -1-

Evaluation method	Teaching method	Unit name/Or the topic	Required learning outcomes	hours	the week
Written tests- Oral	Training method/ Problem Solving	educationReady stance - sitting - bow - grappling from a standing position - how to control an opponent in a sitting position	Learn about the basic skills in wrestling	2	the first
Written tests-Oral	Style Training/ Problem Solving	Teaching the skill of pulling the far arm with both hands from a sitting position	Identify the parts of the skill and their eligibility for points	2	the second
Written tests-Oral	Style Training / Problem Solving	educationThe skill of pulling the nearby arm and knocking the opponent to the ground from a standing position.	Identify the parts of the skill and their eligibility for points	2	the third
Written tests-Oral	Trainin g method	Review previous skills	Identify the parts of skills and their	2	the fourth

	/ Problem Solving		eligibility for points		
-----	styleThe casting / Problem Solving	Theoretical lecture/historical and physical aspect	Learn about the concept of dating and the physical aspect	2	Fifth
Written tests-Oral	Trainin g method / Problem Solving	Teaching the heart skill by pulling back by encircling the torso from above without blocking the hands from a sitting position	Identify the parts of the skill and their eligibility for points	2	VI
Written tests-Oral	Trainin g method / Problem Solving	Teaching the skill of entering from under the armpit and knocking the opponent to the ground from a standing position	Identify the parts of the skill and their eligibility for points	2	Sevent h

Written tests-Oral	Training method / Problem Solving	Review previous skills	Identify the parts of skills and their eligibility for points	2	VIII
-----	styleThe casting / Problem Solving	Theoretical lecture/skills aspect	Recognizing the concept of the skill aspect in the game of wrestling	2	Ninth
Written tests-Oral	Training method / Problem Solving	Teaching the skill of rotation by holding the torso (roller) from a sitting position	Identify the parts of the skill and their eligibility for points	2	The tenth
Written tests-Oral	Training method / Problem Solving	Teaching the skill of throwing from above the back by holding the arm with both hands and placing the knees on the mat (carrier) from a standing position	Identify the parts of the skill and their eligibility for points	2	eleven th
Written tests-Oral	Training method / Problem Solving	Review previous skills	Identify the parts of skills and their eligibility for points	2	twelve th
Written tests	-----	Theoretical exam, first semester	-----	2	Thirteenth
Testspractical	-----	Practical exam, first semester	-----	2	fourteenth
Practical tests	-----	Final practical exam for the first semester	-----	2	Fifteenth
Written tests-Oral	Training method / Problem Solving	Teaching the skill of diving on one leg from a standing position	Identify the parts of the skill and their eligibility for points	2	sixteen

Written tests-Oral	Training method / Problem Solving	Teaching the skill of diving on both legs from a standing position.	Identify the parts of the skill and their eligibility for points	2	seventeenth
Written tests-Oral	Training method / Problem Solving	Review previous skills	Identify the parts of skills and their eligibility for points	2	eighteen
Written tests-Oral	Training method / Problem Solving	Teaching the back flip skill by holding one of the opponent's arms from under the armpit with one hand and applying pressure on the neck (all of it) from a sitting position.	Identify the parts of the skill and their eligibility for points	2	nineteenth
Written tests-Oral	Training method / Problem Solving	Teaching the skill of balance from a standing position	Identify the parts of the skill and their eligibility for points	2	twenty
Written tests-Oral	Training method / Problem Solving	Review previous skills	Identify the parts of skills and their eligibility for points	2	twenty one
Written tests-Oral	Deliverance style/ Problem Solving	A theoretical lecture/explanation of the tactical aspect and the law in the game of wrestling	Identify the concept of the tactical aspect and paragraphs of the law	2	twenty two
Written tests-Oral	Training method / Problem Solving	Teaching the skill of confining the arm around the torso and rotating to pull the opponent to the ground (rodset) from a sitting position	Identify the parts of the skill and their eligibility for points	2	Twenty-three

Tests Written - oral	Training method / Problem Solving	Teaching the skill of side pulling the opponent and knocking him to the ground from a standing position	Identify the parts of the skill and their eligibility for points	2	Twenty-four
Tests Written-oral	Training method / Problem Solving	Review previous skills	Identify the parts of skills and their eligibility for points	2	twenty five
Tests Written-oral	Training method / Problem Solving	Conflict with a colleague + practical arbitration	Learn about the mechanism of conflict and arbitration	2	twenty six
Tests Written-oral	Training method / Problem Solving	Conflict with a colleague + practical arbitration	Learn about the mechanism of conflict and arbitration	2	twenty seven
Written tests	-----	Theoretical exam, first semester	-----	2	Twenty-eight
Testspractical	-----	Practical exam, first semester	-----	2	Twenty-nine
Practical tests	-----	Final practical exam for the first semester	-----	2	thirty

11- Course evaluation	
Distribution of the score out of 100 according to the tasks assigned to the student, such as daily preparation, daily, oral, monthly, written exams, reports, etc. The first course is 25, the second course is 25, and the final exam is 50	
12- Resources for learning and teaching	
Fundamentals of Training: Hara (translated) by Abdel Ali Nassif	Required textbooks (methodology, if any)
1 - Learning and sports training in the game of wrestling : Hamdan Rahim Al-Kubaisi >	Main references (sources)

Roman wrestling between theory and practice: 16- Abdel Ali Nassif	Recommended supporting books and references (scientific journals, reports...)
-	Electronic references, Internet sites